

# Clinical Pharmacokinetics

**Suman Kumar Meikap**  
**Asst. Professor (Pharmacology)**  
**RIPS, Berhampur**



- ▶ *Quantitative study of drug movement in, through and out of body*



# Pharmacokinetics (PK) & pharmacodynamics (PD)

- ▶ • PK - What the body does to the drug?

Absorption; distribution, metabolism, excretion (ADME)

- ▶ • PD - What the drug does to the body?

Drug concentration at the site of action or in the plasma is related to a magnitude of effect



# What is clinical pharmacokinetics ?

- ▶ • Study of the time course of a drug's movement through the body.
- ▶ • Understanding of what the body does to (or with) the drug.
- ▶ • Application of Therapeutic Drug Monitoring (TDM) and individualization of drug therapy.

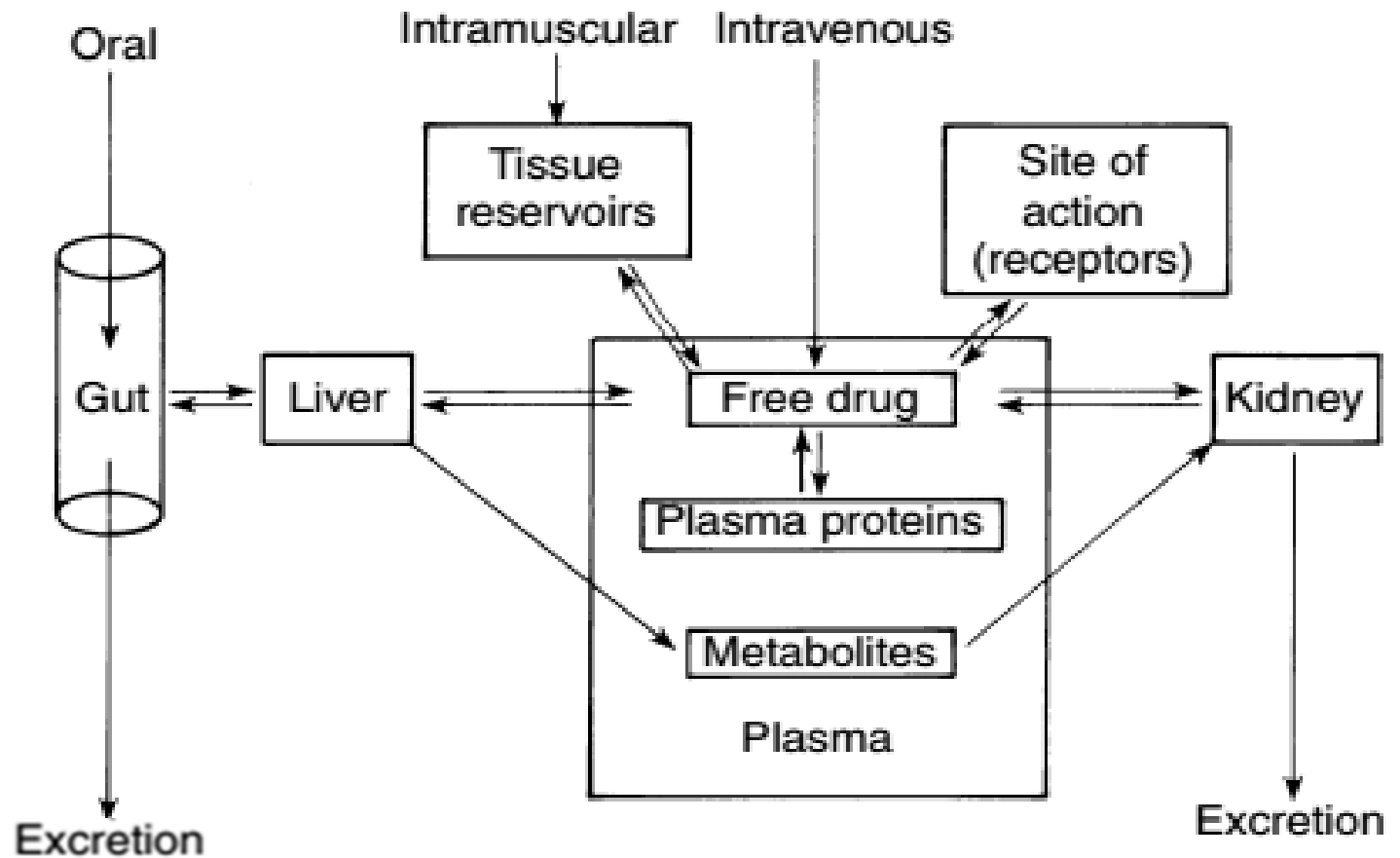


# Pharmacokinetics

- ▶ • Absorption
- ▶ • Distribution
- ▶ • Metabolism
- ▶ • Elimination



# Study of [drug] over time



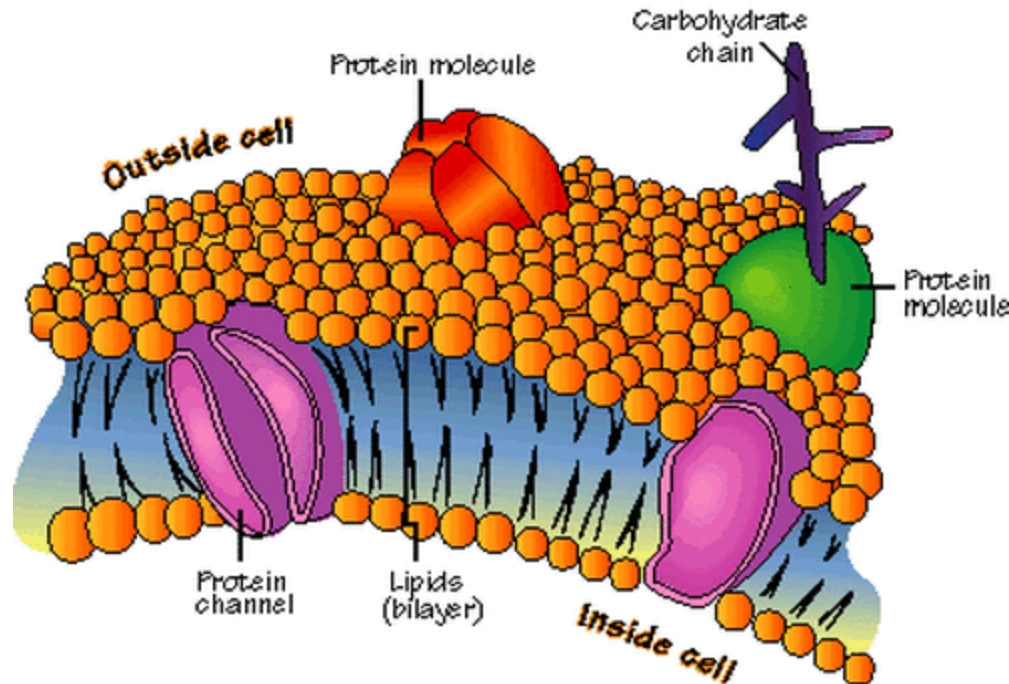
- ▶ **There are four main ways by which small molecules cross cell membrane**
- ▶ By diffusing directly through the lipid
- ▶ By combination with a solute carrier (SLC) or other membrane transporter
- ▶ By diffusing through aqueous pores formed by special proteins (aquaporins) that transverse the lipid
- ▶ By pinocytosis



# Transportation

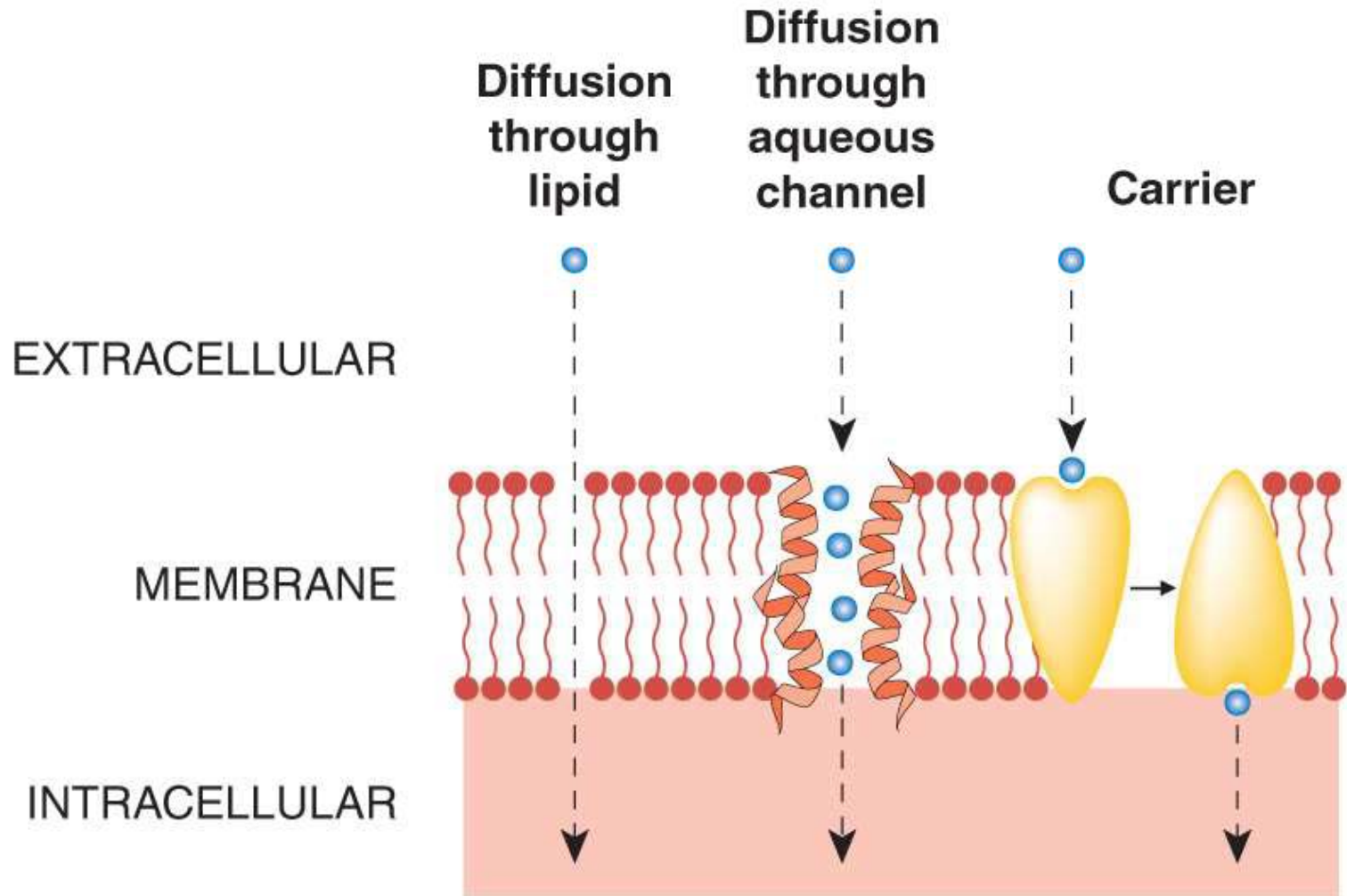
## Biological Membrane

- ▶ • Bilayer of phospholipid and cholesterol molecule – 100 Å thick
- ▶ • Extrinsic and intrinsic protein are embedded in the membrane
- ▶ • Glycoprotein – on the surface
- ▶ • This proteins varies from cell to cell.
- ▶ • Paracellular spaces and channels are also present





# Transportation



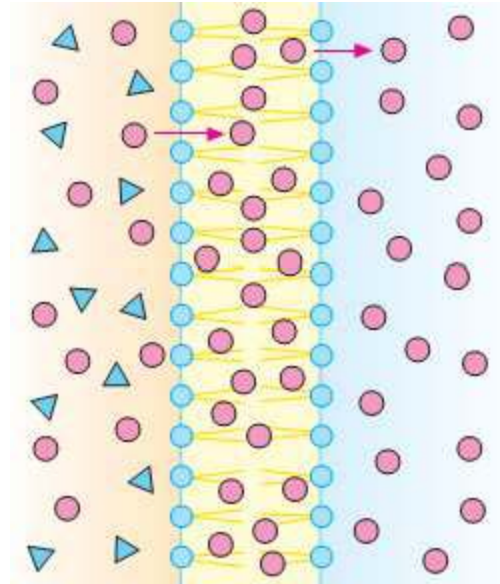
# Transportation

- Drugs are transported through
  - ▶ – Passive diffusion
  - ▶ – Filtration
  - ▶ – Specialized transport



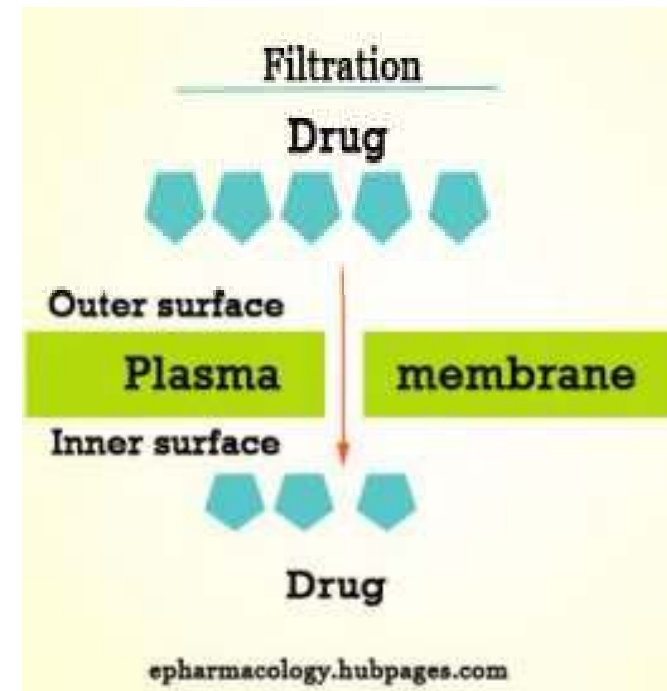
# Transportation : Passive diffusion

- ▶ Drug diffuses from higher concentration to lower concentration across the membrane.
- ▶ • Lipid soluble drugs – dissolving lipoidal matrix of membrane.
- ▶ • Diffusion will depend on
  - ▶ – Lipid solubility of drug
  - ▶ – Difference in concentration
  - ▶ – pH of tissue

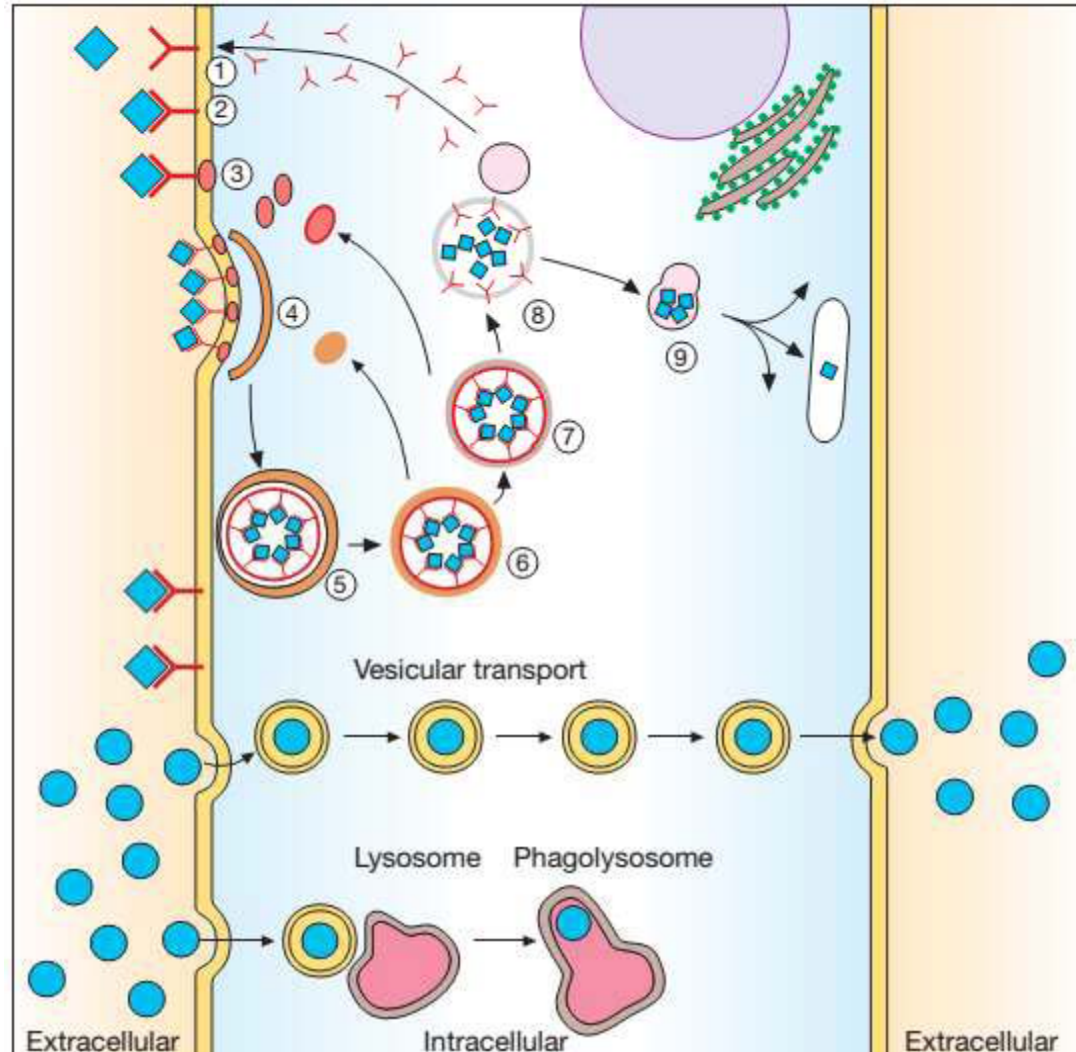


# Transportation : Filtration

- ▶ • Passage of drug across the aqueous pores in the membrane or through the paracellular spaces.
- ▶ • Lipid insoluble drugs crosses membrane
- ▶ – Size of pores and drug molecule

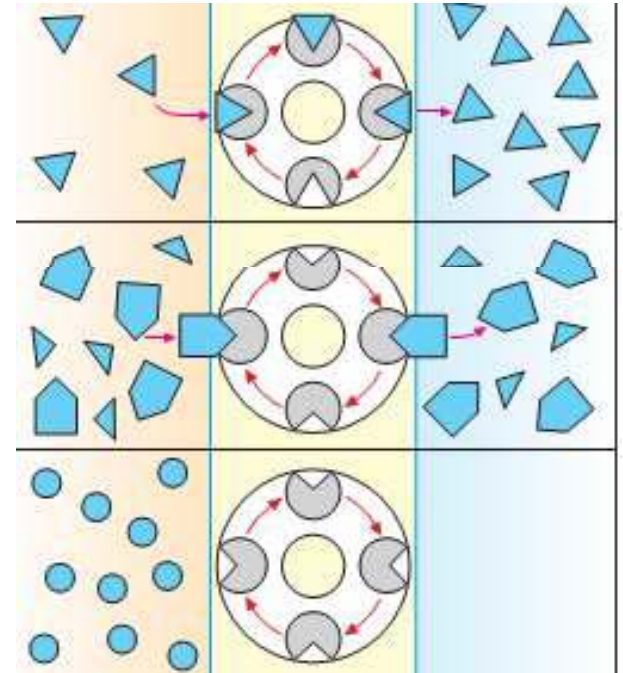


# Specialized Transport



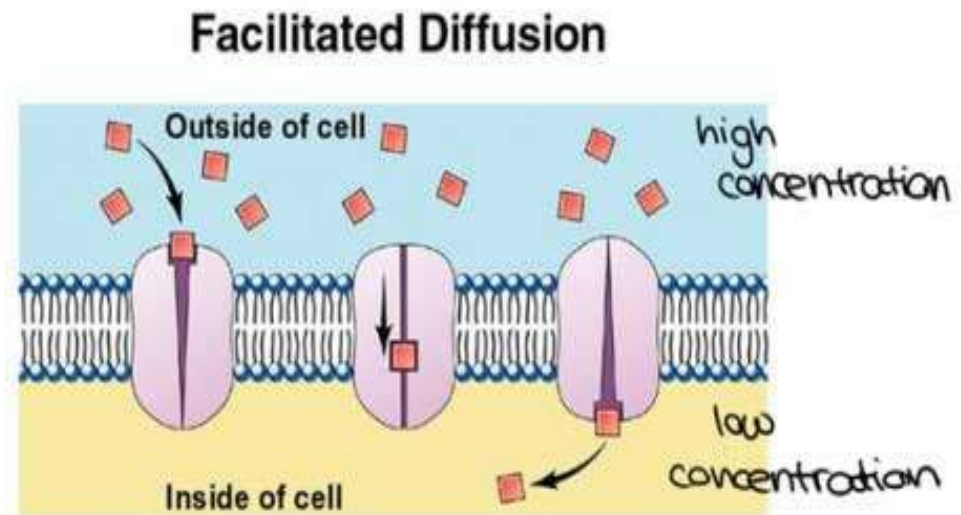
# Specialized : Carrier Transport

- ▶ • **Trans membrane protein**
  - carriers and transporters for physiologically important ions, nutrients, metabolites, transmitters
- ▶ • Beside this they also translocate xenobiotics including drugs metabolites
- ▶ • Specific for the substrate



# Specialized : Carrier Transport

- ▶ 1. Trans membrane protein binds with their substrate transiently.
- ▶ 2. Conformational changes – carrying the substrate to the other side of membrane.
- ▶ 3. Dissociates
- ▶ 4. Return back to its original position



# Specialized : Carrier Transport

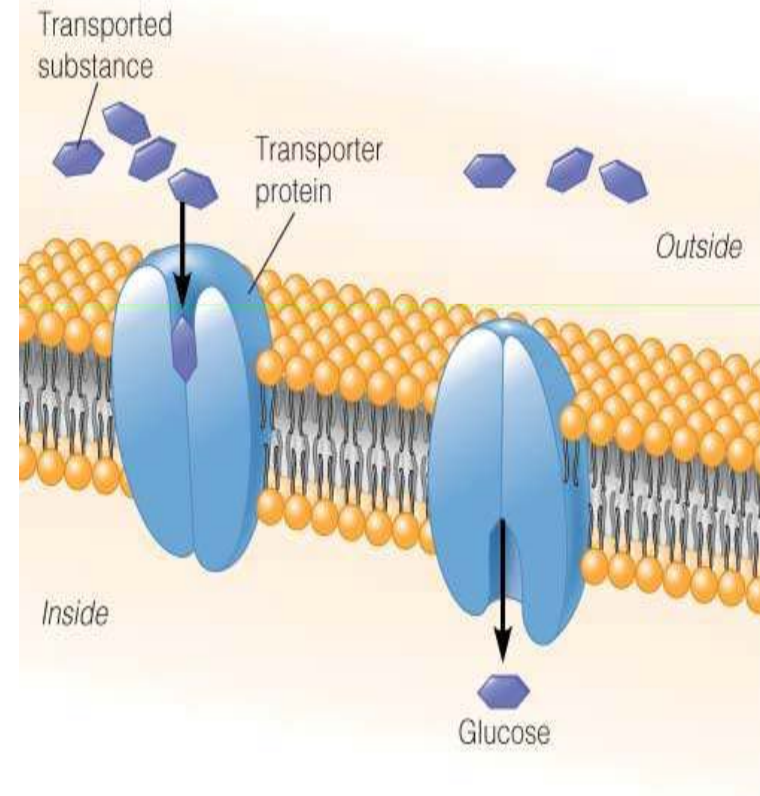
- ▶ • Depending on the requirements of energy
  1. – **Facilitated diffusion**
  2. – **Active transport**
    - Primary active transport
    - Secondary active transport





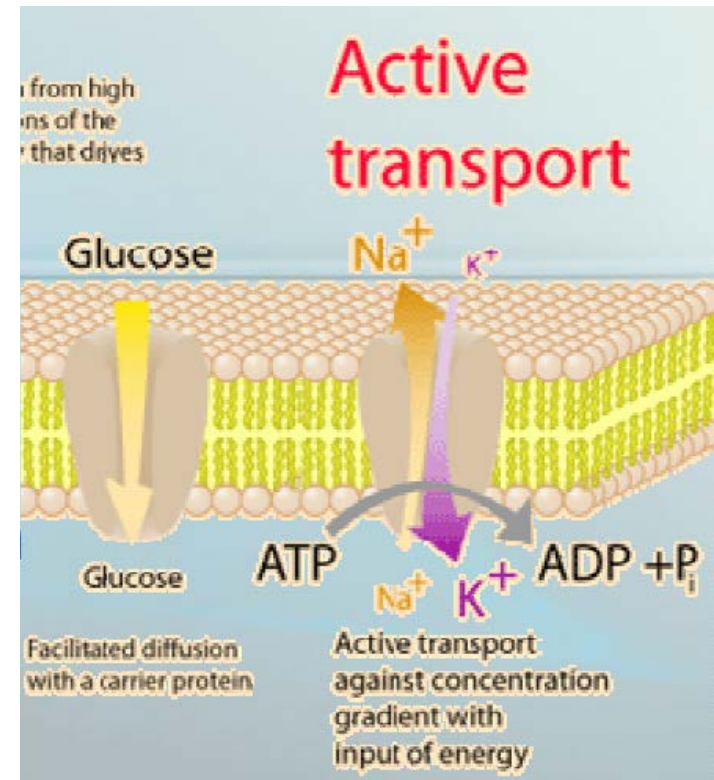
# Carrier Transport : Facilitated diffusion

- ▶ • Belongs to super family of solute carrier (SLC) transporter
- ▶ • Operates without need of energy – transport in the direction of electrochemical gradient
- ▶ • Higher to lower concentration
- ▶ • Ex: glucose in muscle and fat cells by GLUT 4



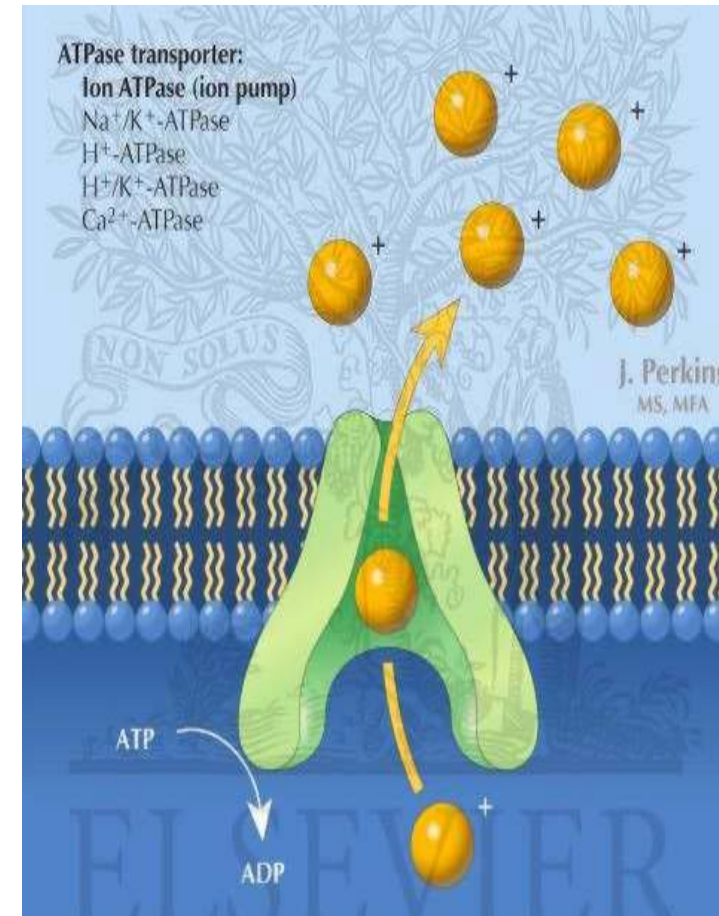
# Carrier Transport : Active transport

- ▶ • It requires energy and acts against the electrochemical gradient
- ▶ • Selective accumulation of solutes on 1 side
- ▶ • Inhibited by metabolic poison
- ▶ Ex: levodopa and methyl dopa absorbed from the gut aromatic amino acid transport



# Active transport : Primary

- ▶ Directly by the hydrolysis of ATP
- ▶ • Transporter belongs to superfamily of ATP binding cassette (ABC)
- ▶ • Only efflux of solute from cytoplasm i.e. to extracellular fluid or intracellular organelli
- ▶ • Also known as uniport



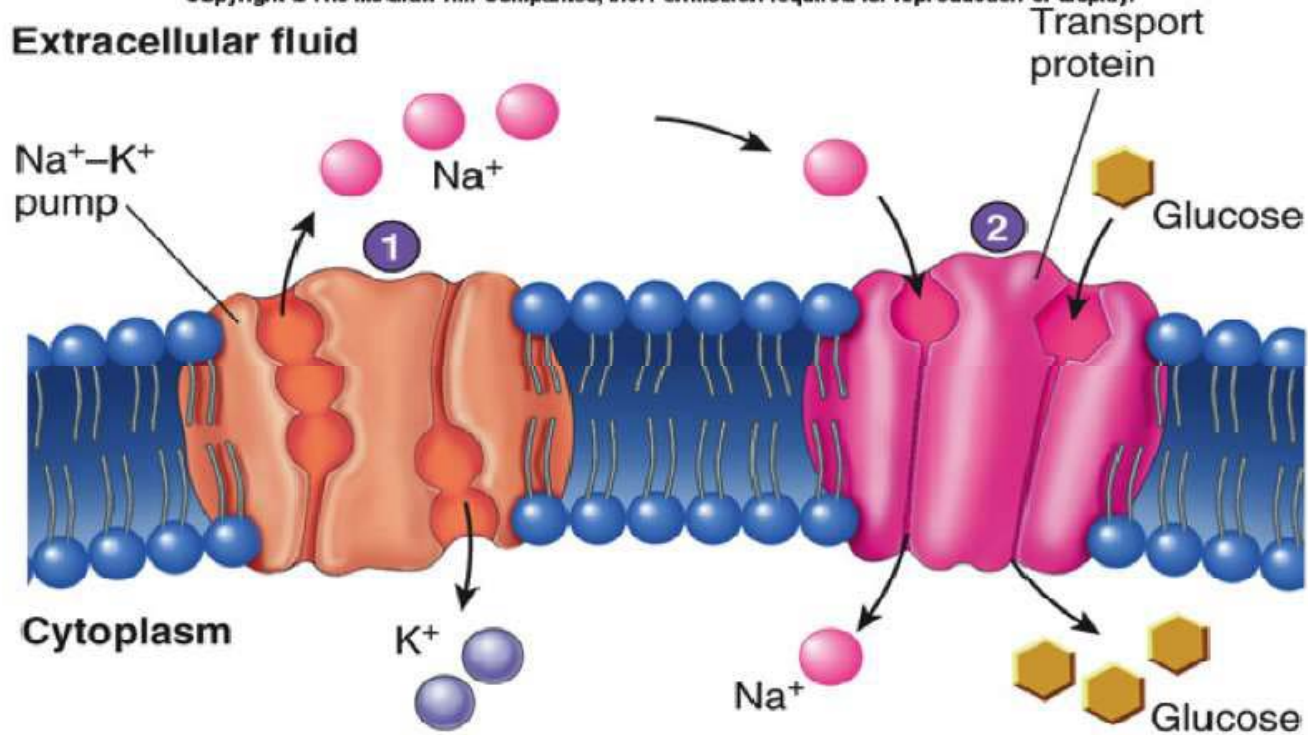
# Active transport : Secondary

- ▶ • Another type of SLC
- ▶ • Energy to pump one solute is derived from downhill movement of another solute (mostly  $\text{Na}^+$  )
- ▶ • **Symport/cotransport** : concentration gradient is such that both solute move in same direction
- ▶ • **Antiport/exchange** transport : move in opposite direction
- ▶ • Mediates uptake and efflux of drug and metabolite
- ▶ Ex:  $\text{Na}^+$  +  $\text{Cl}^-$  – dependent neurotransmitter



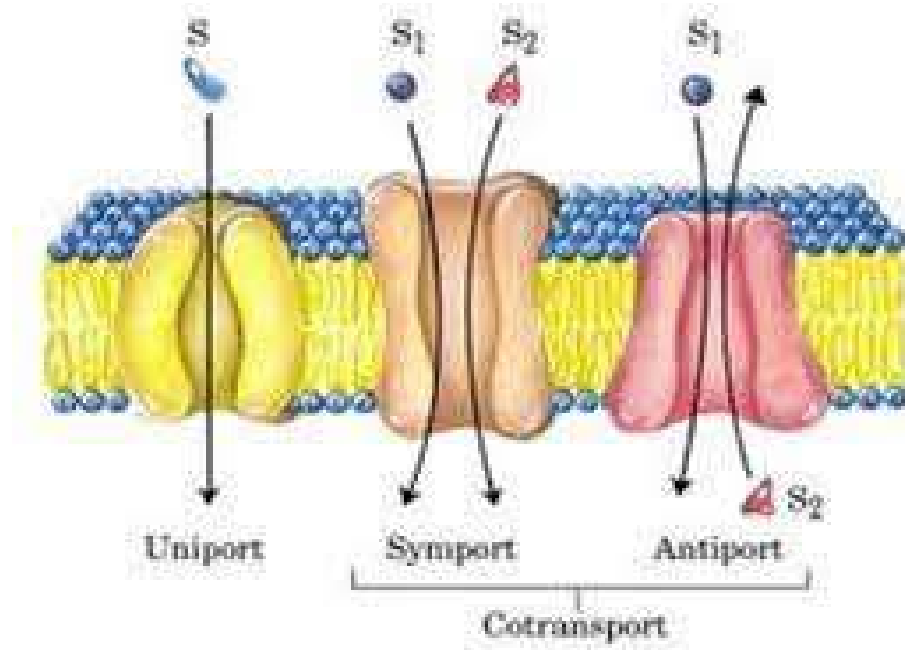
# Active transport : Secondary

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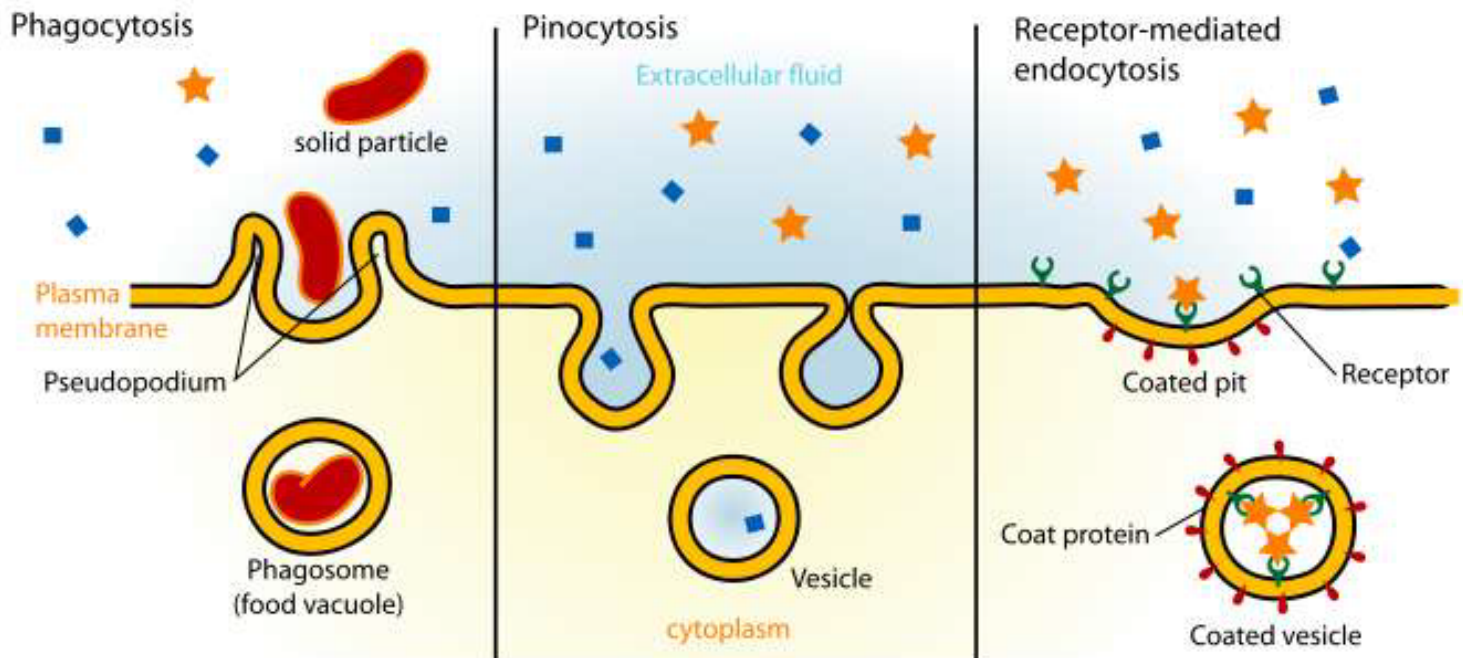
1. A  $\text{Na}^+\text{-K}^+$  pump maintains a concentration of  $\text{Na}^+$  that is higher outside the cell than inside.
2. Sodium ions move back into the cell through a transport protein that also moves glucose. The concentration gradient for  $\text{Na}^+$  provides energy required to move glucose against its concentration gradient.

# Active transport



# Specialized transport : Endocytosis

- ▶ • Very little importance to the drug translocation
- ▶ • Large protein molecules and other metabolic waste



# ABSORPTION

- ▶ • Movement of drug from its site of administration into circulation
- ▶ • Not only amount of absorption but also rate of absorption is important
- ▶ • Except when given i.v., the drug has to cross biological membrane which is governed by following factors
  - Aqueous solubility
  - Concentration
  - Area of absorbing surface
  - Vascularity of absorbing surface
  - Route of administration





# Bioavailability

- ▶ • A concept for oral administration
  - ▶ • Useful to compare two different drugs or different dosage forms of same drug
  - ▶ • Rate and extent of absorption of a drug
  - ▶ • Fraction of administered drug that reaches systemic circulation in unchanged form
  - ▶ • Bioavailability by i.v. is 100 % but by other routes it decreases to some extent
- 
- ▶ – Incompletely absorbed
  - ▶ – First pass metabolism
  - ▶ – Sc/im – local binding



# Bioavailability

- ▶ • Bioavailability is not a characteristic solely of the drug preparation: variations in
  - ▶ – enzyme activity of gut wall or liver,
  - ▶ – in gastric pH or
  - ▶ – intestinal motility all affect it.



# DISTRIBUTION

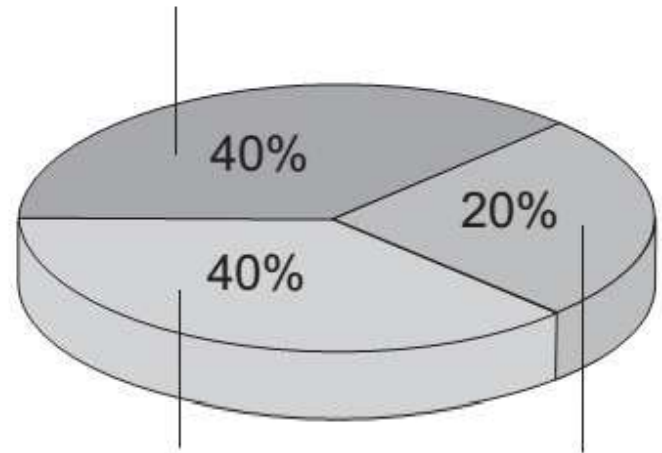
- ▶ • Once the drug has gained access to blood it gets distributed to other tissues
- ▶ • The extent of distribution of a drug depends on:
  - Lipid solubility
  - Ionization at physiological pH
  - Extent of binding to plasma
  - Tissue protein : Fat
  - Difference in regional blood flow
  - Disease like CHF, Uremia, cirrhosis



# Apparent volume of Distribution

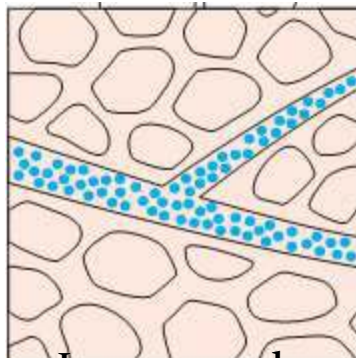
- ▶ • Volume that accommodate all the drugs in body, if the concentration throughout was same as in plasma
- ▶  $V = \text{dose administered} / \text{plasma drug concentration}$

Solid substance and structurally bound water

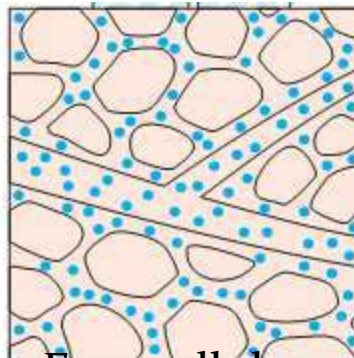


intracellular water

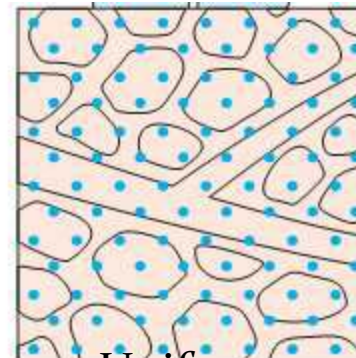
extracellular water



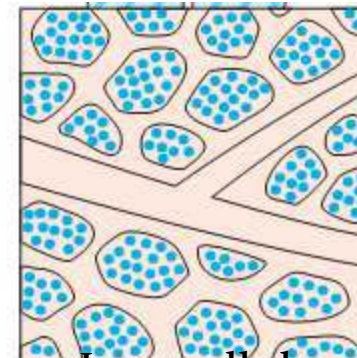
Intravascular



Extracellular



Uniform

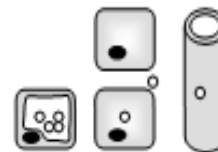


Intracellular

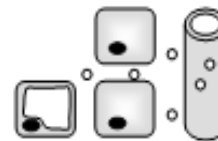
# Apparent volume of Distribution

- ▶ • Lipophilic drugs – sequestration.
  - Digoxin (6L/Kg), propranolol (4 L/Kg), Morphine (3.5 L/Kg)
- ▶ – Not easily removed by haemodialysis in case of toxicity
- ▶ • Lipophobic drugs – extracellular
- ▶ • Streptomycin, gentamycin (0.25 L/Kg)
- ▶ • Plasma protein bounded intravascular
- ▶ • Diclofenac & warfarin (0.15 L/Kg)

$$V_d = \frac{\text{Amount of drug in the body}}{\text{Drug plasma concentration}}$$



Lipophilic drugs:  $V_d >$  total available volume



Extracellularly confined drugs:  $V_d <$  total available volume



Intravascularly confined drugs:  $V_d \ll$  total available volume

# Apparent volume of Distribution

- ▶ • Pathological states alters the  $V$
- ▶ – Congestive heart failure
- ▶ – Uremia
- ▶ – Cirrhosis
- ▶ • Multiple compartment models of drugs have been worked out but single compartment model is highly accepted ????



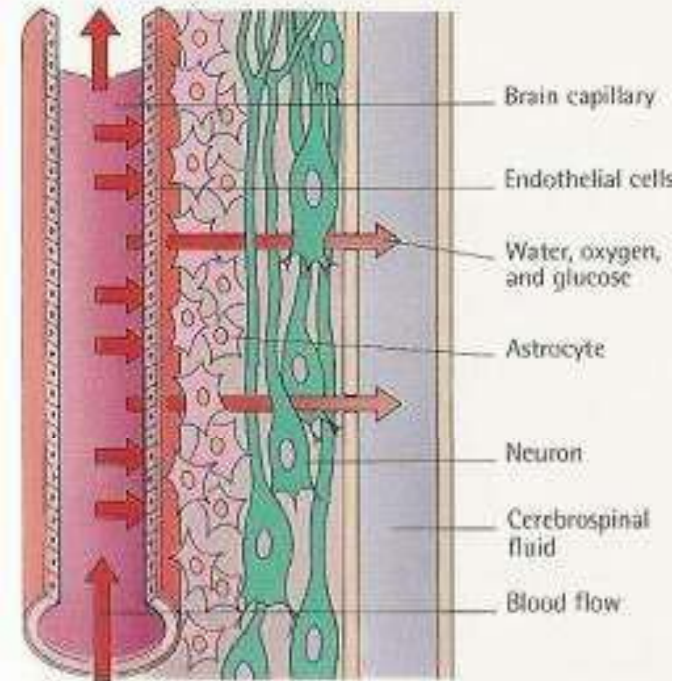
# Redistribution

- ▶ • Highly lipid soluble drugs gets distributed to
  - High perfusion low capacity , i.e. heart, brain, kidney
  - Low perfusion high capacity – muscle fat
- ▶ • When plasma concentration of drug falls, drug is withdrawn from this site prolonging the action of drug
- ▶ • Greater the lipid solubility faster is its redistribution.  
Ex : thiopentene sodium
- ▶ • Short acting drugs can be prolonged by administering slowly and continuously – low perfusion high capacity tissues



# Blood Brain barrier

- ▶ Capillary endothelial cells in brain have tight junction and lack large intercellular pores and above that there is layer of neural tissue – *Blood brain barrier*.
- ▶ In Choroid plexus, capillaries are lined by choroidal epithelium With tight junction – *blood-CSF barrier*





# Blood Brain barrier

- ▶ • Both this membrane allows lipoidal drug and limit the entry of non-lipoidal drug. Ex: streptomycin, neostigmine.
- ▶ • Beside this, – P-gp and anion transporter (OATP) extrude drugs from brain.
  - Enzymatic BBB : monoamine oxidase (MAO),
- ▶ cholinesterase and some other enzymes – inhibit catecholamines, 5-HT, acetylcholine
- ▶ • Ex: Dopamine doesn't enter but its precursor levodopa does.



# Blood Brain barrier

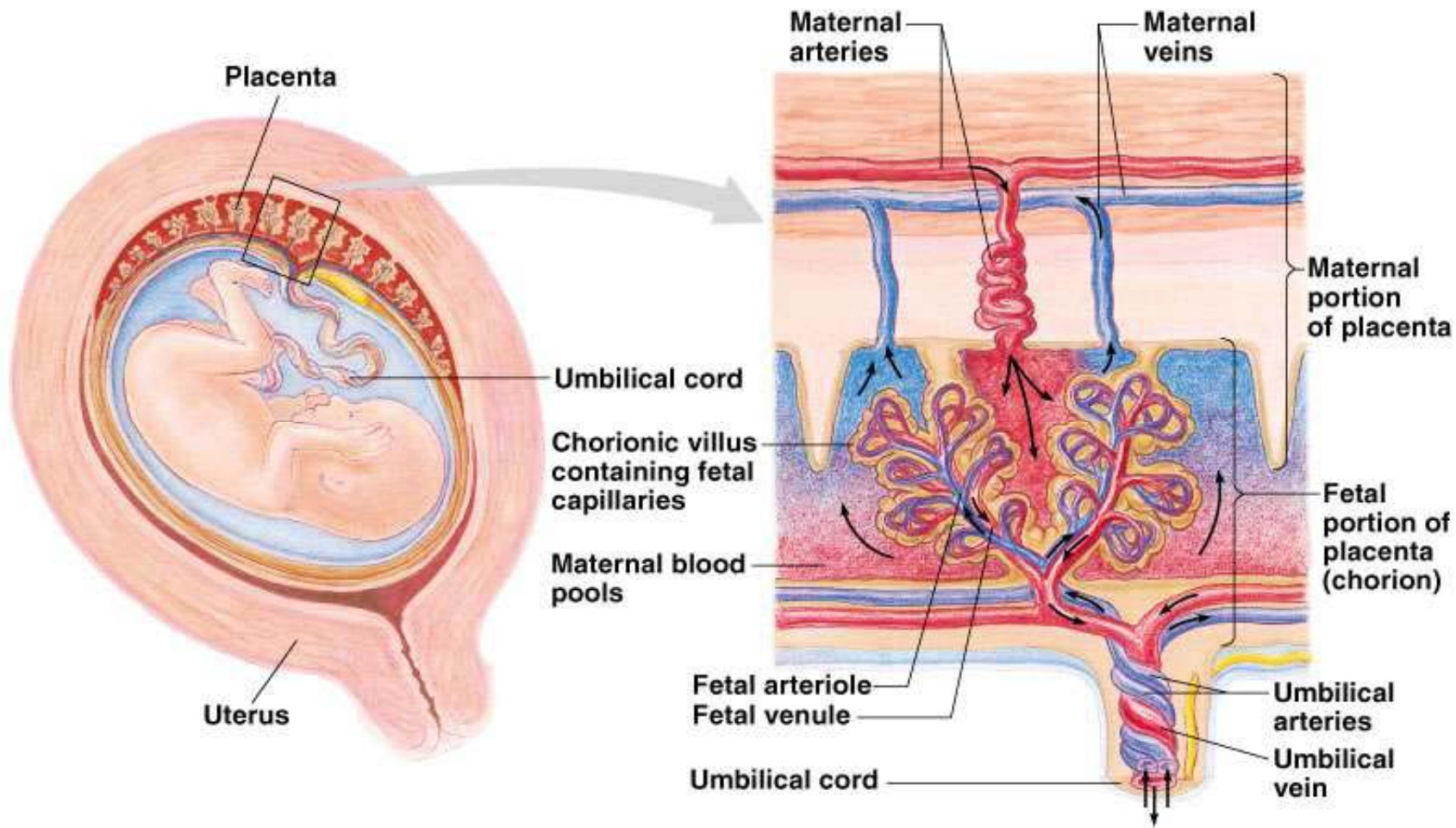
- ▶ • BBB is deficient
  - Chemoreceptor Trigger Zone (CTZ) in medulla oblongata – action of emetic drugs, ex- Domperidone
  - Periventricular site – anterior hypothalamus.
- ▶ • Exit of drug from brain is not dependent on lipid solubility
- ▶ • Bulk flow of CSF – arachnoid villi
- ▶ • Non specific organic anion and cation transport



# Placental Barrier

- ▶ • Placental membrane is lipoidal and allows free passage of lipophilic drugs, while restricting lipophobic drugs.
- ▶ • But higher concentration of lipophobic drugs in maternal circulation – gain access to foetus.
- ▶ • Beside this
  - Placental efflux – P-gp
  - Influx transporter

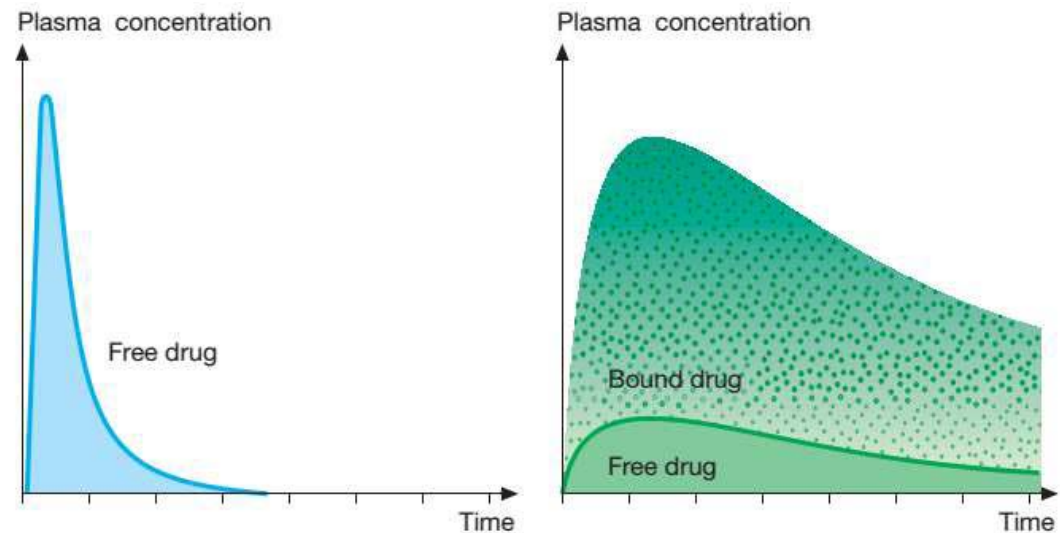




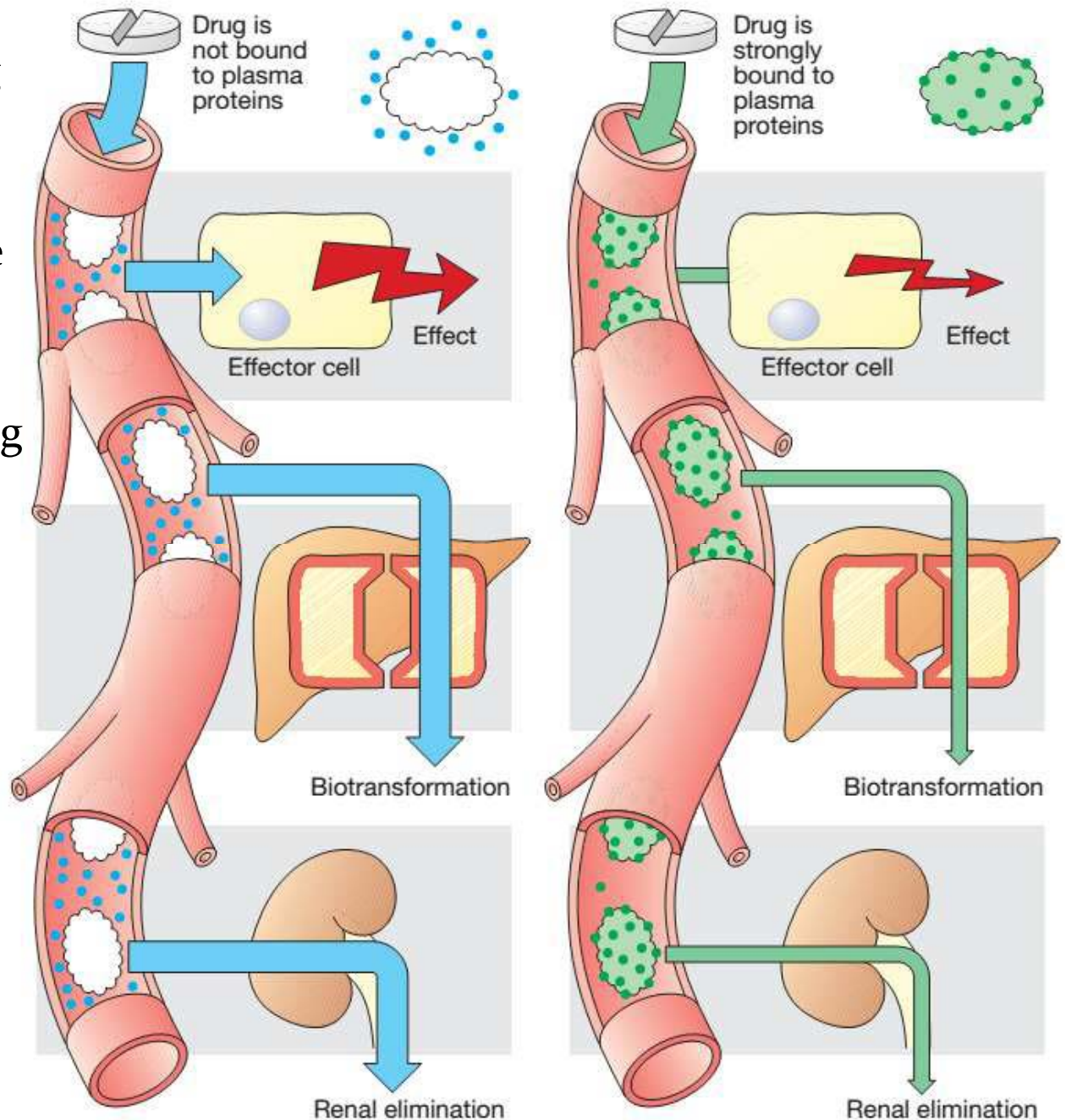
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# Plasma Protein Binding (PPB)

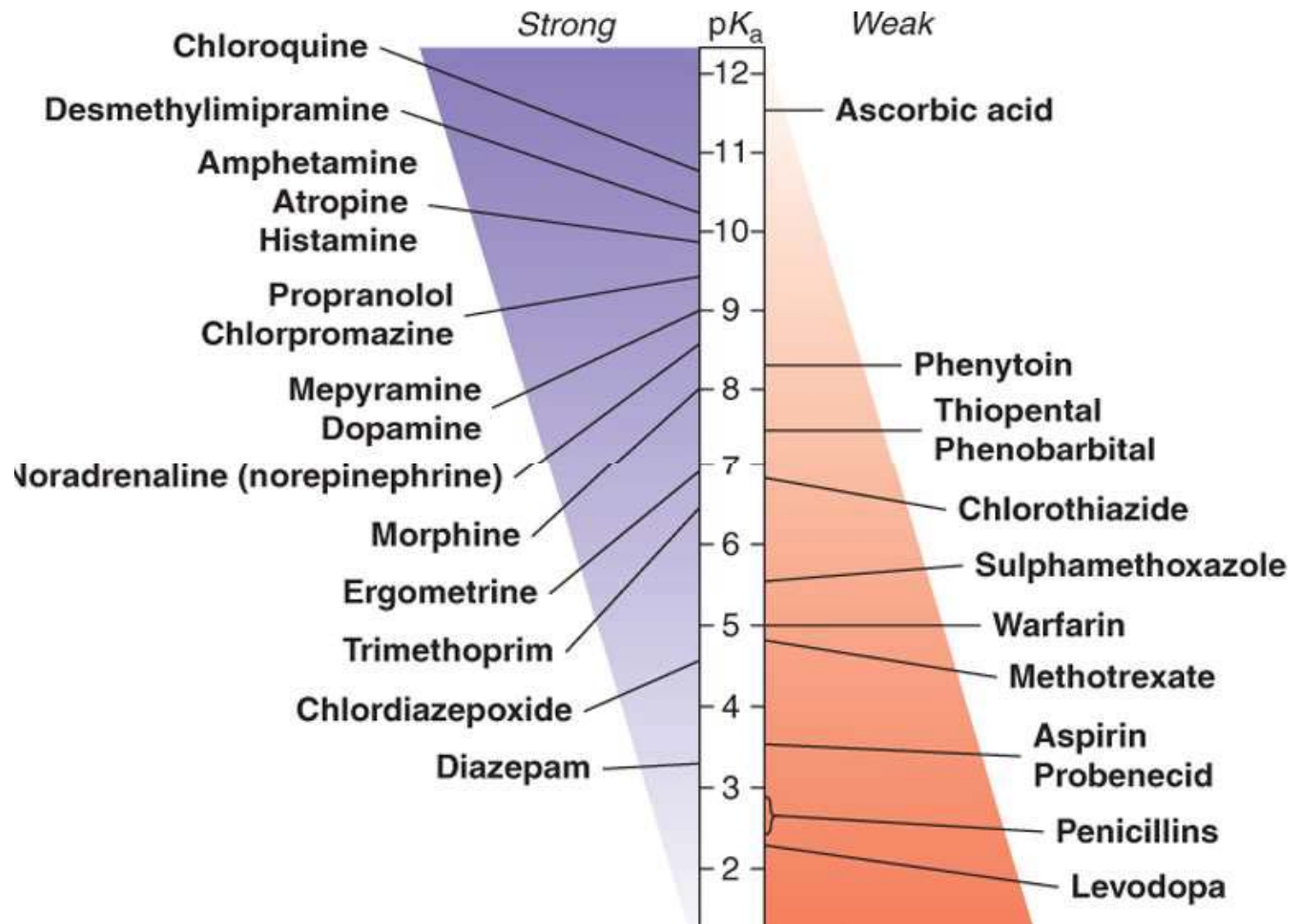
- ▶ • Physiochemical affinity for plasma proteins
  - Acidic drugs – albumin, Lipoproteins
  - Basic drugs –  $\alpha_1$  acid glycoprotein
- ▶ • Extent of binding depends on individual compound – no generalization for pharmacological class can be made.



- The amount of drug bound is depend on
- ▶ Concentration of free drug
- ▶ Affinity of the binding sites
- ▶ Concentration of proteins



# pKa values for some acidic and basic drugs



# Clinical Significance of PPB

- ▶ • Highly PPB drugs – intravascular compartment except large paracellular spaces (capillaries) smaller volume of distribution
- ▶ • Temporary storage of drug – bound protein is not available for action
- ▶ • High degree of PPB – long acting – bound fraction is not available for metabolism, unless it is exclusively extracted by liver or kidney,

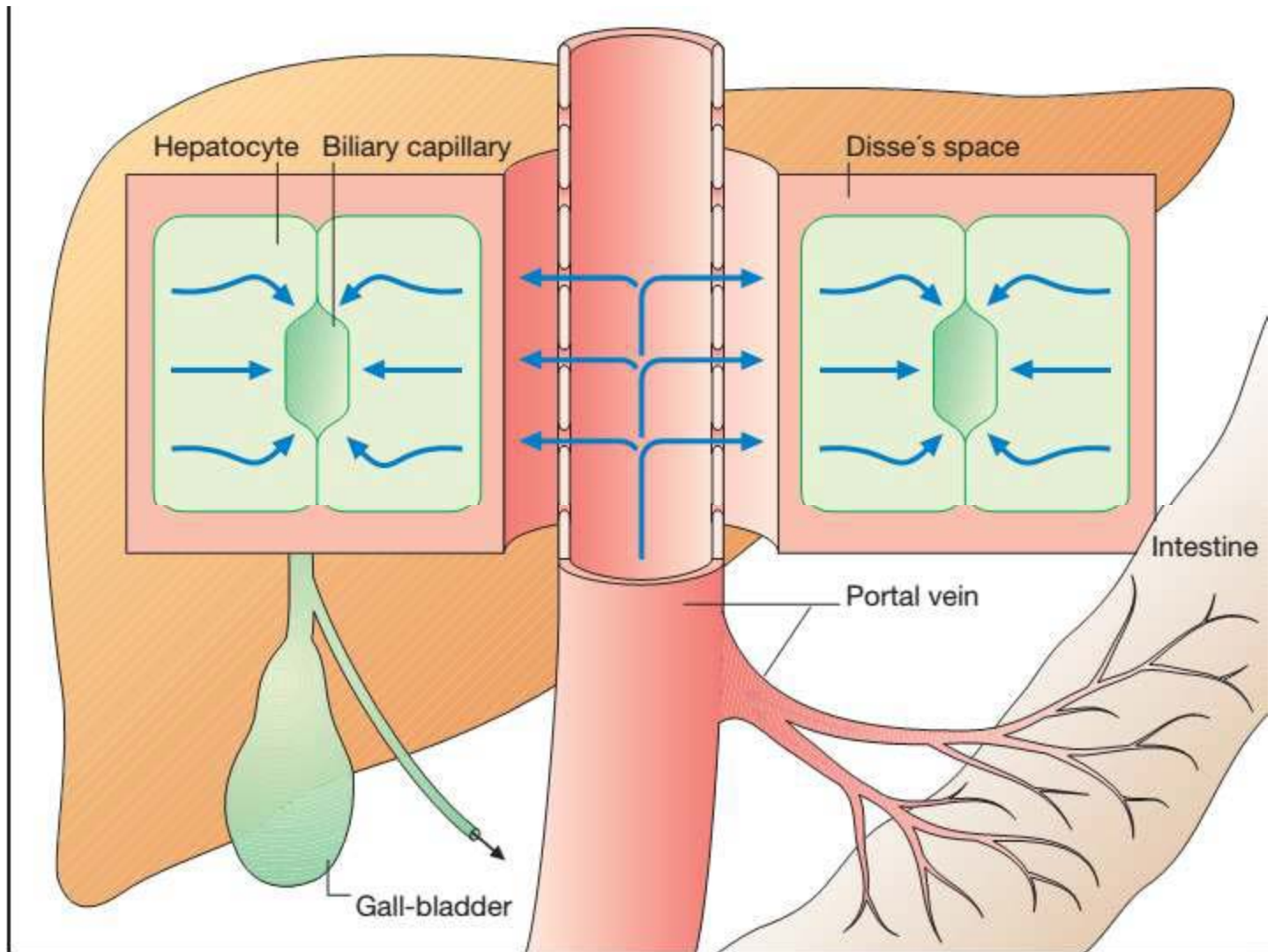




# Metabolism

- ▶ Also known as biotransformation
  - Chemical alteration in the body
  - Causes loss of biological activity and thereby excretion via renal route – increases hydrophilicity
- ▶ • Primary site of drug metabolism – liver, Kidney, intestine, lungs and plasma.





# Biotransformation

- ▶ **Activation** – few drugs are administered in inactive form (PRODRUG) and needs to be activated to form active metabolite
- ▶ • Stability
- ▶ • Good bioavailability
- ▶ • Less side effect or toxicity
- ▶ • Desirable pharmacokinetic properties

Ex: Morphine, cefotaxime, codeine, amitriptyline, digitoxin, diazepam, losartan

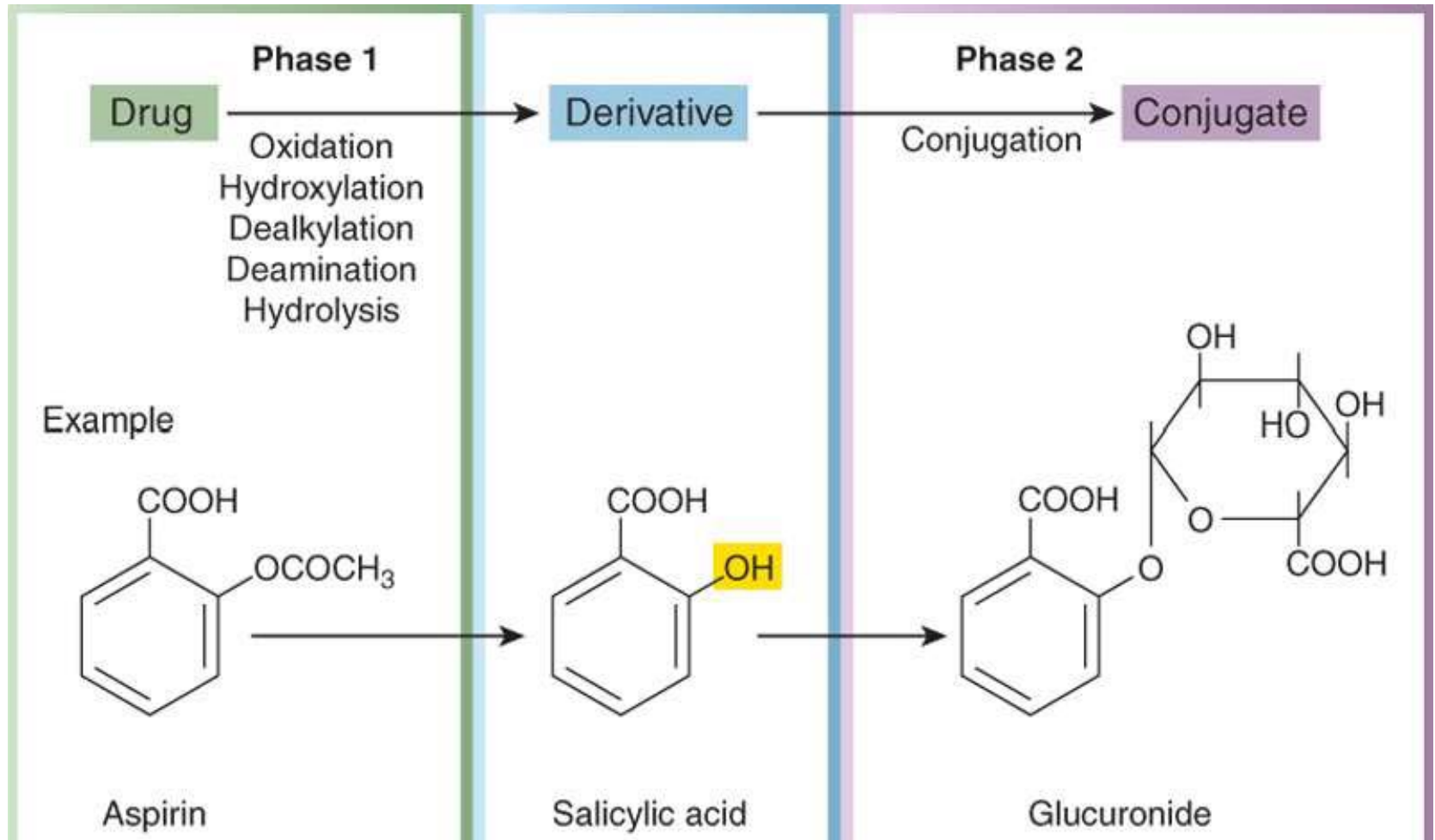
- ▶ – **Inactivation** – active metabolite and most drugs are inactivated.  
Ex: Ibuprofen, paracetamol, lidocaine, chloramphenicol, propranolol.



# Biotransformation

- ▶ • Phase I (Non-synthetic/functionalization/catabolic)
  - Functional group is generated - more chemically reactive
  - oxidation, reduction or hydrolysis
- ▶ • Phase II (Synthetic/Conjugation/Anabolic)
- ▶ • results in inactive products (Exception : active sulfate metabolite of **minoxidil**)
- ▶ Both phases decrease lipid solubility, thus increasing renal elimination.
- ▶ Mostly occurs in **liver**, although some drugs are metabolised in **plasma** (e.g. hydrolysis of **suxamethonium** by plasma cholinesterase), **lung** (e.g. various prostanoids) or **gut** (e.g. **tyramine**, **salbutamol**)



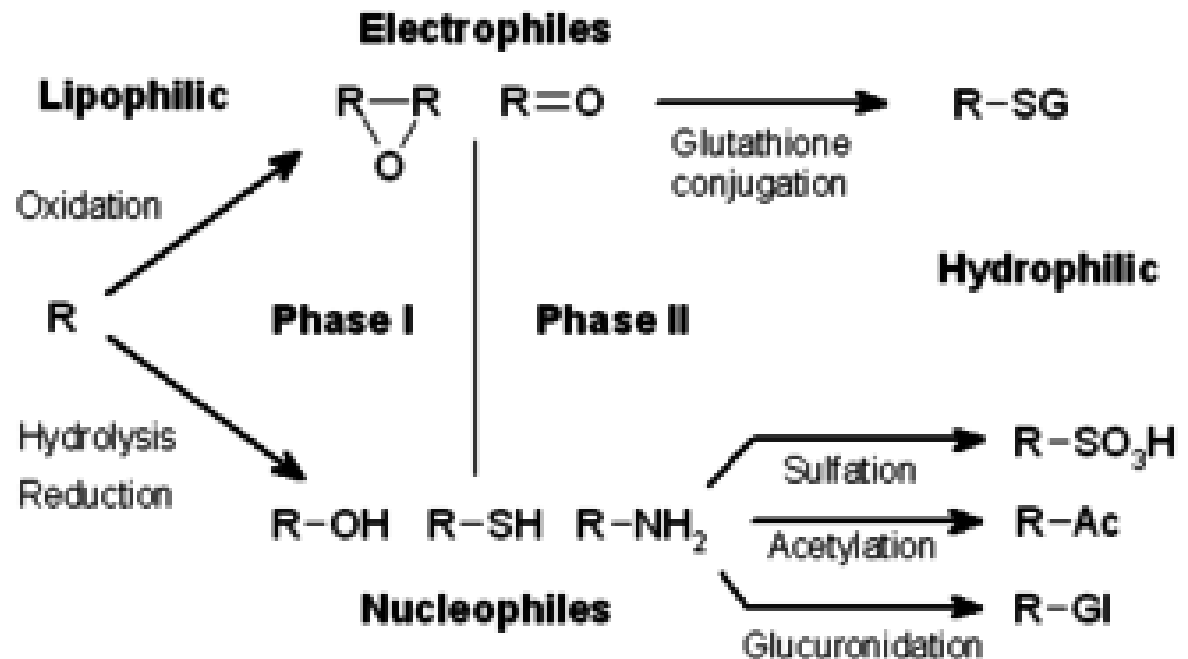


# Phases of Metabolism

Modification

Conjugation

Excretion



# Phase I : Oxidation

- ▶ • Addition of oxygen/negatively charged radical or removal of hydrogen/positively charged radical.
- ▶ • Insertion of O - short lived highly reactive quinone/epoxide/superoxide
- ▶ • Most important metabolizing drug reaction and various oxidation reactions are
  - Hydroxylation,
  - oxygenation at C, N or S atoms
  - N/O dealkylation
  - Oxidative deamination
  - Cyclization



# Phase I

- ▶ • Cyclization
  - Formation of ring from straight carbon chain
  - Ex: Proguanil
- ▶ • Decyclization
  - Opening of the ring of the cyclic molecule
  - Ex: Barbiturates & Phenytoin
- ▶ • Reduction
  - Opposite of oxidation but involves CYP-450 in opposite direction
  - Ex: Chloralhydrate, chloramphenicol, halothane and warfarin
- ▶ • Hydrolysis
  - Cleavage of drug molecule by uptake of water with help of enzyme like esterase, amidases, peptidases
  - Ex: Choline esters, procaine, lidocaine, procainamide, aspirin, carbamazepine-epoxide, pethidine, oxytocin



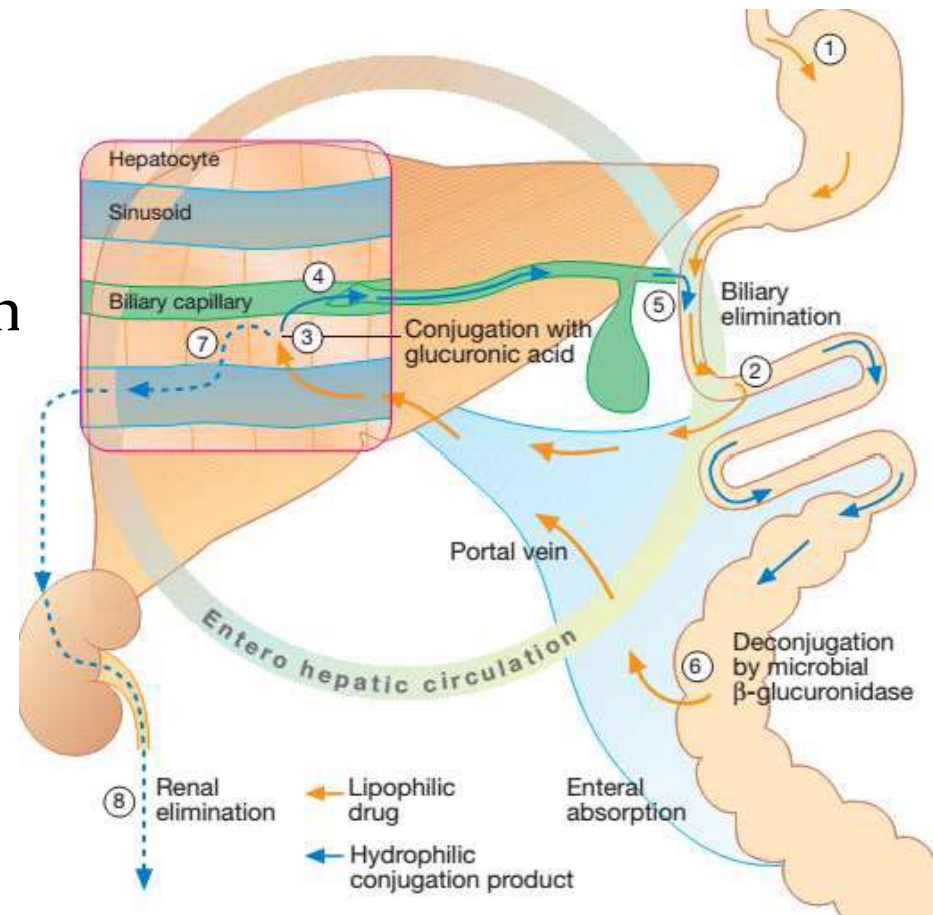


# ENTEROHEPATIC CYCLE

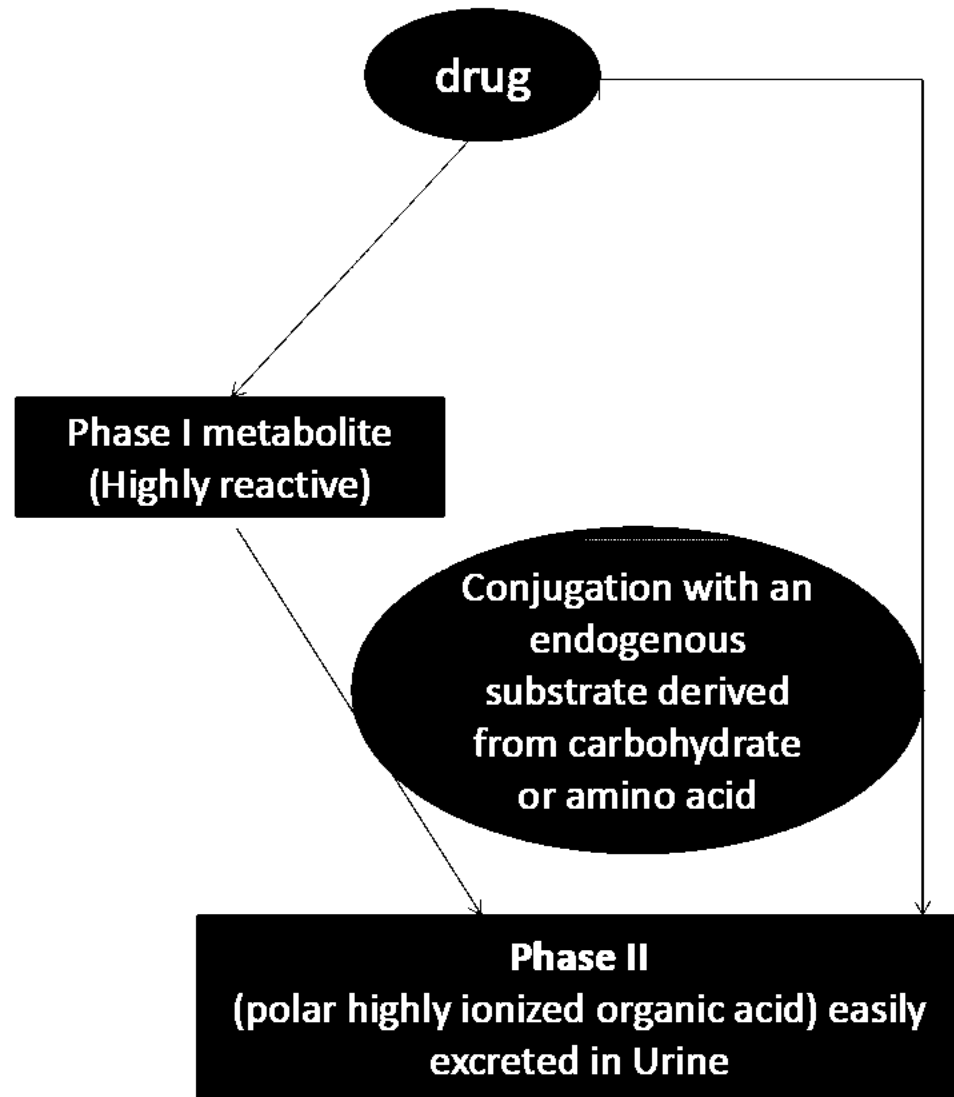
## Drug glucouronides

– hydrolyzed by bacteria and again absorbed goes through same fate prolonging the action

Ex: **Phenolphthalein,**  
**Oral contraceptives**



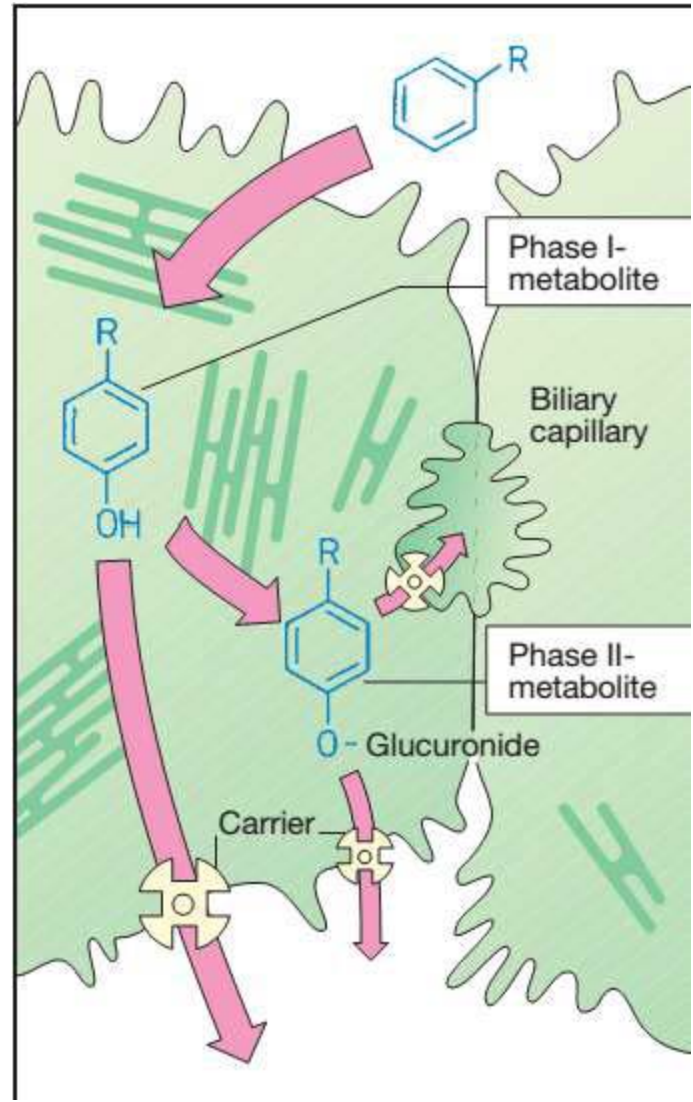
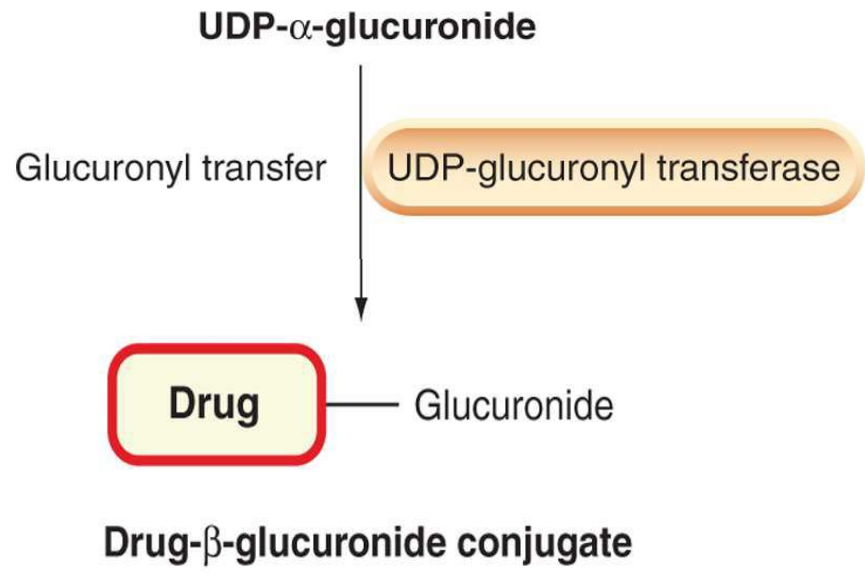
# Phase II



# Phase II : Glucouronide Conjugation

- ▶ – Drug containing hydroxyl or carboxylic acid group gets conjugated with glucouronic acid (Derivative of glucose) by enzyme UDP-glucouronosyl transferase
  - Ex: Chloramphenicol, aspirin, paracetamol, lorazepam, morphine, metronidazole
  - Other than drugs: bilirubin, steroidal hormone and thyroxine





# Phase II

## ▶ • **Acetylation**

- Compounds having amino or hydrazine residues conjugates – acetyl CoA
- Ex: Sulphonamides, isoniazides, PAS, hydralazine, clonazepam, procainamide

## ▶ • **Methylation**

- Amine and phenols gets methylated – methionine and cysteine
- Ex – Adrenaline, histamine, nicotinic acid, methyldopa, captopril, mecaptopurine



- ▶ • **Sulphate conjugation**
  - Phenolic and steroid compounds – sulfated by sulfotransferase (SULTs)
  - Ex: Chloramphenicol, methyldopa, adrenal and sex steroids
- ▶ • **Glycine conjugation**
  - Salicylates and other drugs having carboxylic acid
  - conjugated with glycine
  - Not a major pathway

- ▶ • **Glutathione Conjugation**
  - Inactivates highly reactive quinones or epoxides intermediates – paracetamol
  - When glutathione falls short (toxicity)– toxic adducts formed causing tissue damage
  - Minor pathway
- ▶ • **Ribonucleoside/nucleotide synthesis**
  - Activation of purine and pyrimidine antimetabolites – cancer chemotherapy



# Metabolic Enzymes

- ▶ • Most of drug gets metabolized by non specific enzyme – directed to types of molecules rather than specific drugs
- ▶ • Few drugs metabolized by specific enzyme (Intermediary metabolism)
  - Alcohol – dehydrogenase
  - Allopurinol – Xanthine oxidase
  - Succinylcholine and procaine – plasma cholinesterase
  - Adrenaline – monoamine oxidase MOA





# Metabolic Enzymes

- ▶ • Drug Metabolizing enzyme is divided in two types
  - **Microsomal Enzyme**
  - **Non-microsomal enzyme**
- ▶ • Both of this is deficit in new born – susceptible to many drugs (chloramphenicol, opioids)
- ▶ • Develops in 1<sup>st</sup> month partially and completely in 3 month.
- ▶ • Amount and kind – genetically controlled, altered by environmental factors
- ▶ • Drug response variation



# Microsomal Enzyme

- ▶ • Located in smooth ER primarily in liver, also in kidney, intestinal mucosa and lungs
- ▶ • Catalyze most of oxidations, reductions, hydrolysis and glucouronide conjugation.
- ▶ • Inducible by drugs, diet and other agencies

Ex: **Monooxygenases, cytochrome P<sub>450</sub>, glucouronyl transferase**



# Non-microsomal Enzyme

- ▶ • Present in cytoplasm and mitochondria of hepatic cells as well as other tissue including plasma.
- ▶ • Some oxidation and reduction, many hydrolytic reactions and all conjugating except glucouronidation
- Ex: **Flavoprotein oxidases, esterases, amidases**

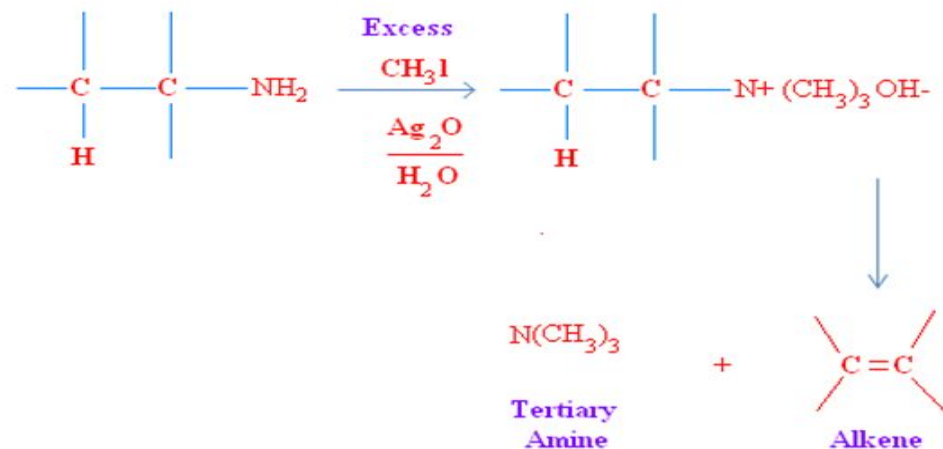


# Hoffman Elimination

- ▶ • Inactivation of drug in body fluids by spontaneous molecular rearrangement without use of any enzyme

## Hofmann Elimination Mechanism

- The Hoffman elimination reaction mechanism has been proposed as the chemical pathway for the degradation of the quat. A strong base (the hydroxyl ion) is necessary to facilitate the elimination step.



# Inhibition of Drug Metabolism

- ▶ • One drug can competitively inhibit the metabolism of another if it utilizes the same enzyme or co factors
- ▶ • But its very rare as there 100 isoenzyme of CYP-450 alone.
- ▶ • Quinidine is metabolized by CYP<sub>3A4</sub> but inhibits CYP<sub>2D6</sub>
- ▶ • Ex: **Allopurinon, Erythromycin, Verapamil, Metronidazole, Diltiazem**



# Microsomal Enzyme Induction

- ▶ • Many drugs, insecticides and carcinogens interact with DNA and increase the synthesis of microsomal enzyme protein especially CYP-450 and glucouronyl transferase
- ▶ • As a result metabolism of inducing drugs or other drugs increases.
  - Anticonvulsant ( Phenobarbitone, rifampin, glucocorticoid) – CYP<sub>3</sub>A
  - Isoniazid and chronic alcohol consumption –CYP<sub>2</sub>E<sub>1</sub>



# Excretion

- ▶ • Passage out of systemically absorbed drug
- Excreted in
  - ▶ 1. Urine
  - ▶ 2. Faeces
  - ▶ 3. Exhaled Air
  - ▶ 4. Saliva & sweat
  - ▶ 5. Milk



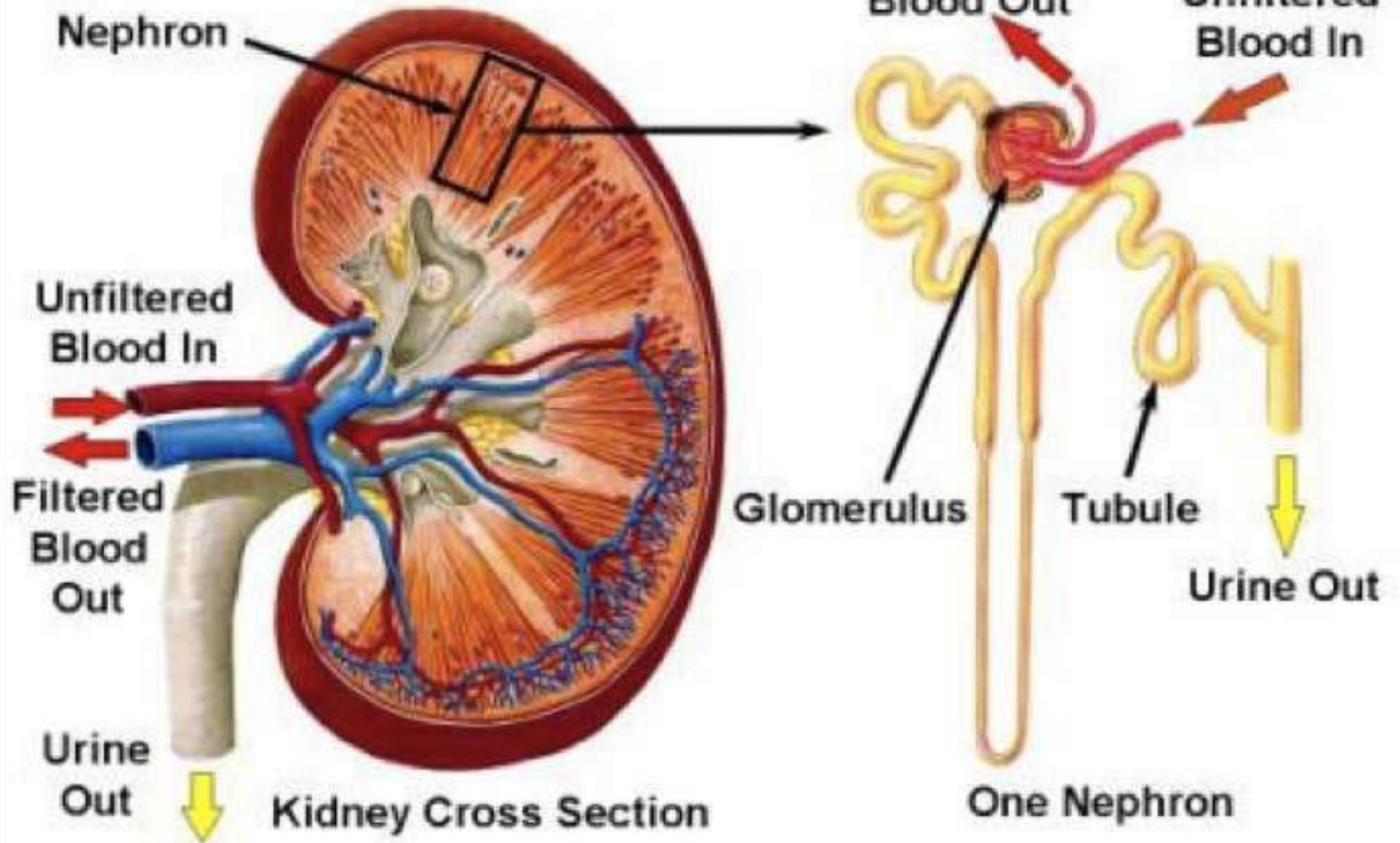
# Excretion : Urine

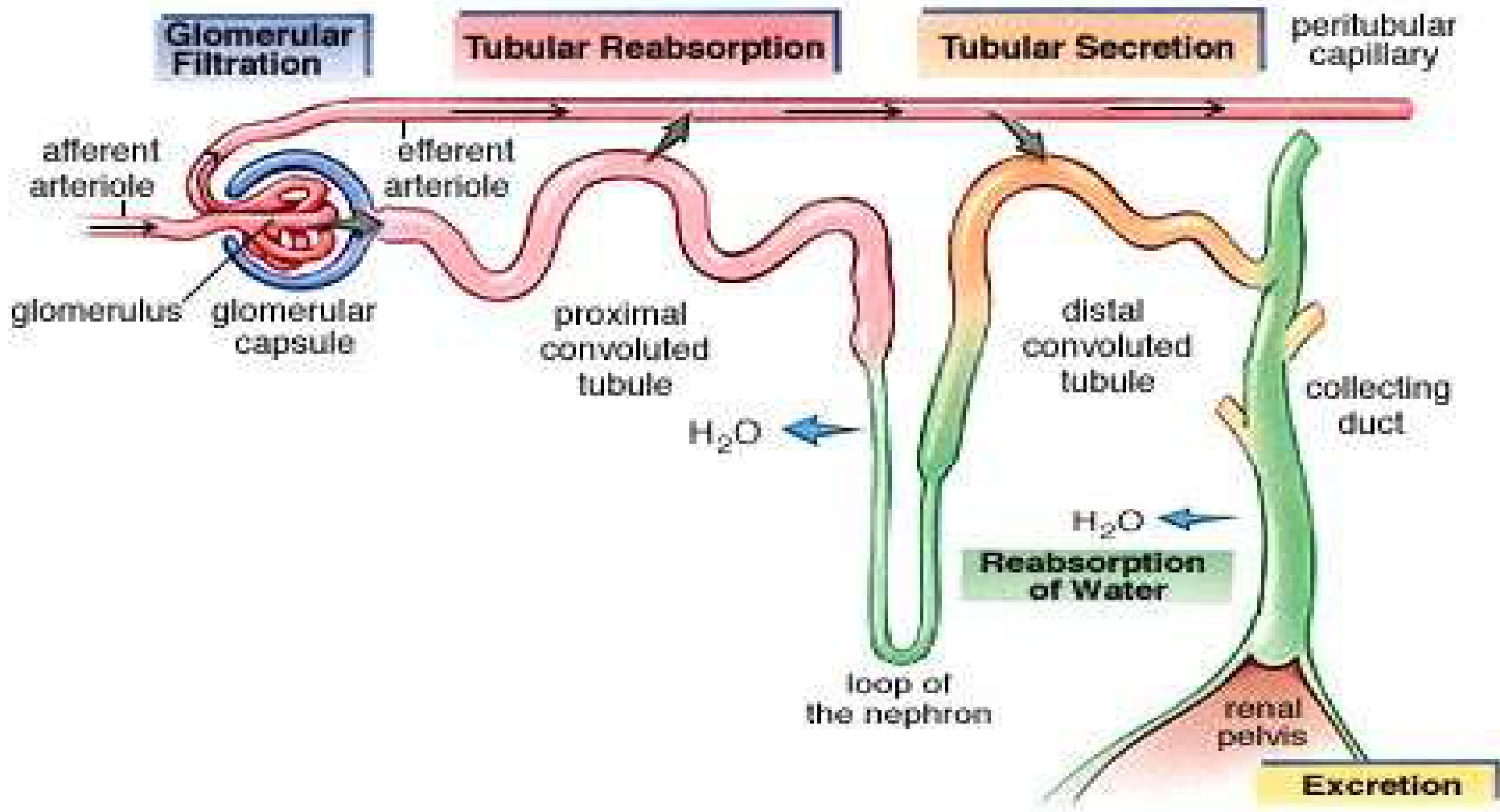
- ▶ • Most important channel for excretion of drugs.
- ▶ • It eliminates water soluble substances.
- ▶ • Amount of drug or its metabolites depends on
  - Glomerular filtration (GFR)
  - Tubular Reabsorption (TR)
  - Tubular Secretion (TS)
- ▶ **Net Renal Excretion = (GFR+TS) - TR**





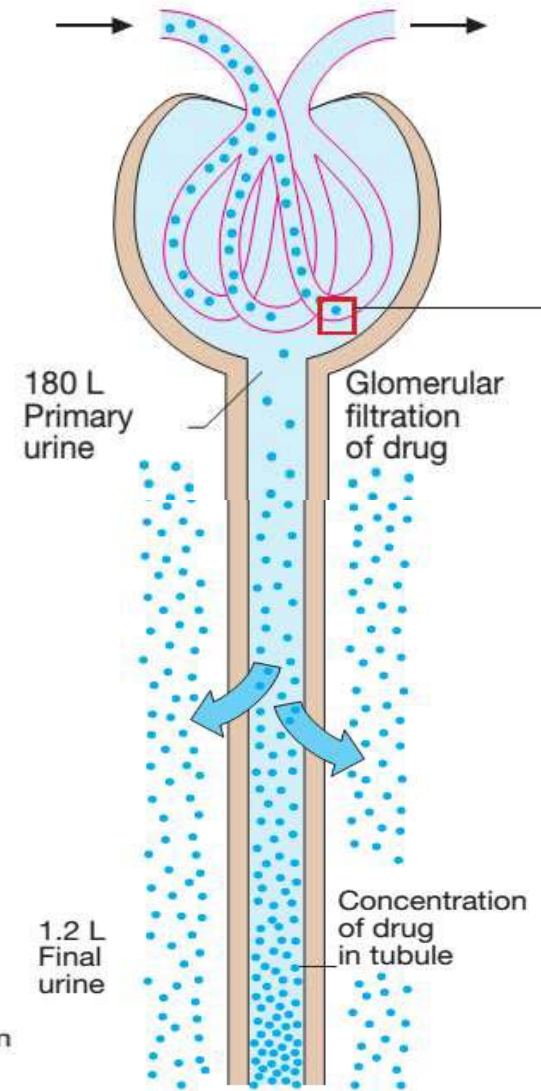
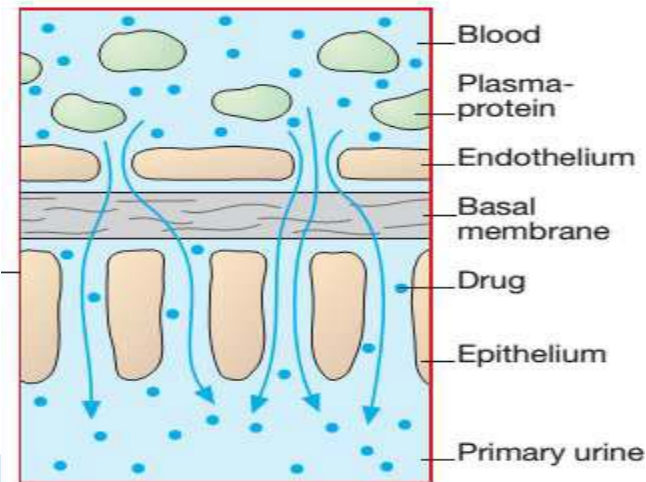
# Parts of the Nephron





# Glomerular Filtration

- ▶ • Glomerular capillaries – larger pore than usual
- ▶ • All non-protein bound drugs (lipophilic/lipophobic) gets filtered in glomerulus.



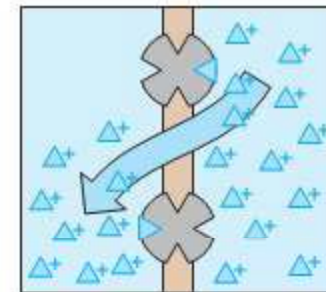
# Glomerular Filtration

- ▶ • It depends on renal blood flow and PPB.
- ▶ • GFR = 120 ml/min normally
- ▶ • Declines with age



# Tubular Secretion

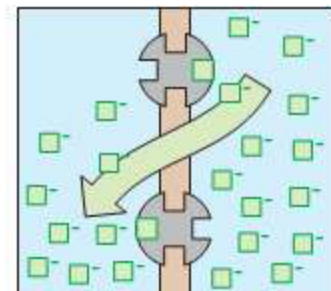
- Certain cations and anions
- Epithelium of the proximal tubules into the tubular fluid via special, energy consuming transport systems – non specific (Organic Acid Transporter OAT & Organic base transporter OCT)
- ▶ • limited capacity
- ▶ • Competition inhibition can occur



 Tubular transport system for

 Cations

 Anions



# Tubular Secretion

- ▶ • If renal clearance is greater than 120 ml/min – TS is assumed to occur
- ▶ • It reduces the amount of free form of drug
- ▶ • PPB drugs gets dissociated to get eliminated via this route
- ▶ • Organic Acid Transporter (OAT) : penicillin, probencid, uric acid, salicylates, indomethacin, methotrexate, glucouronides etc
- ▶ • Organic base transporter (OCT) : thiazides, amiloride, triamterene, furosemide, quinine, choline, cimetidine



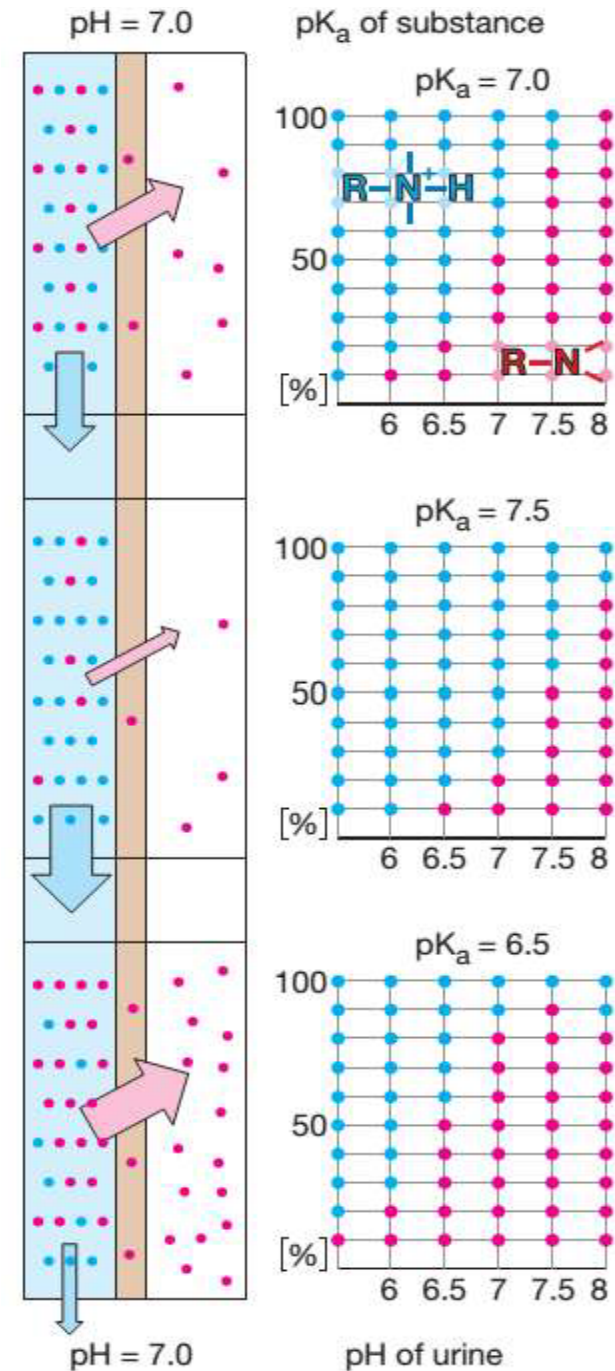
# Tubular Secretion

- ▶ • Both transporter are bi-directional
- ▶ • Its not well developed at birth – prolongs the action of drugs (penicillin, cephalosporin)
- ▶ • Gets matured in infancy
- ▶ • Progressively declines after the age of 50 yrs and almost lowers for most drugs after 75 yrs



# Tubular Reabsorption

- ▶ • Passive diffusion depends on
  - Lipid solubility
- ▶ • 99 % of lipid soluble GF gets resorbed
- ▶ • Non-lipid soluble are unable to do so
  - Ionization of drug at existing pH
  - highly ionized drugs not resorbed





# Excretion

## ▶ Exhaled air

- Gases and volatile drugs or particulate matter – irrespective of lipid solubility
- Alveolar transfer of gas – partial pressure in blood
- Ex: G.A., paraldehyde, alcohol

## ▶ Saliva & Sweat

- Minor importance for drug excretion
- Ex: Lithium, pot. Iodide, rifampin and heavy metal



# Excretion : Milk

- ▶ • Important for infant sucking milk of mother on drug
- ▶ • Most of drug enter – breast milk by passive diffusion
- ▶ • Lipid soluble and PPB drugs do it better
- ▶ • % of drug reaching infant is very less – majority of drugs can be given to lactating mothers without ill effect
- ▶ • But lactating mother should be prescribed drugs with caution
  
- ▶ • **Contraindicated drugs** : Amidarone, Anthraquinone, Chloramphenicol, Ciprofloxacin, cyclosporine, indomethacin, methotrexate, tetracyclin
  
- ▶ • **Special precaution** : Ampicillin, aspirin, losartan, metaclopramide, sulfonamide



# Why Kinetics of Elimination ?

- ▶ • Help us to understand how dosage recommendations has been arrived in the product information
- ▶ • Help to use the drug optimally and understand its limitations
- ▶ Ex • Severely ill patient
  - individualization of the dose regimen depending on how rapidly a therapeutic plasma concentration is required,
  - whether the clearance of the drug is impaired because of renal or liver disease.



# Pharmacokinetics Parameters

- ▶ • **Bioavailability (F)** : Fraction of administered drug that reaches systemic circulation in unchanged form
  - ▶  $F = \frac{\text{amt. of drug that enters systemic circulation (AUC)}}{\text{Dose administered}}$
- 

Dose administered

- ▶ • **Volume of Distribution (V)**: Volume that accommodate all the drugs in body, if the concentration throughout was same as in plasma  
 $V = \frac{\text{dose administered}}{\text{plasma drug concentration}}$
- ▶ • **Clearance (CL)** : the volume of plasma containing the total amount of drug that is removed from the body in unit time
- ▶  $CL = \frac{\text{Rate of elimination}}{C}$  (plasma concentration)



# Rate of elimination

- ▶ • **1<sup>st</sup> order Kinetics** : most of the drug
  - Rate of Elimination of drug is directly proportional to drug concentration
  - CL remains constant
- ▶ • **Zero order kinetics** : few drugs
  - Rate of elimination remains constant irrespective of concentration
  - CL decreases with increase of concentration
  - Constant amount of drug is eliminated in unit time



# Plasma Half Life

- ▶ • Half-life = time required for serum plasma concentrations to decrease by one-half (50%)
- ▶ • **Mathematically**
- ▶  $t_{1/2} = 0.693/k$
- ▶  $k$  = elimination rate constant i.e fraction of total amount of drug removed per unit time
- ▶  $k = CL/V$
- ▶ • Complete drug elimination can occur in 4-5 half life



# Steady Plasma concentration

- ▶ • Steady Plasma concentration ( $C_{pss}$ ) – repeated drug administration at relatively short interval of time
- ▶ • Input of drug balance = clearance
- ▶  $C_{pss} = \text{dose rate}/CL$  (when bioavailability is 100%)
- ▶ From this equation, it is clear that dose rate can be calculated if  $CL$  and target  $C_{pss}$  of drug is known.



# Steady Plasma concentration

- ▶ • Earlier equation is valid for drug route administration where the bioavailability (F) is 100%,  
but where it falls short the equation turns to be
- ▶ dose rate =  $(\text{target } C_{\text{pss}} \times \text{CL}) / F$
- ▶ Both this equation stands valid for the drugs following 1<sup>st</sup> order kinetics





# Michaelis Menten Kinetics

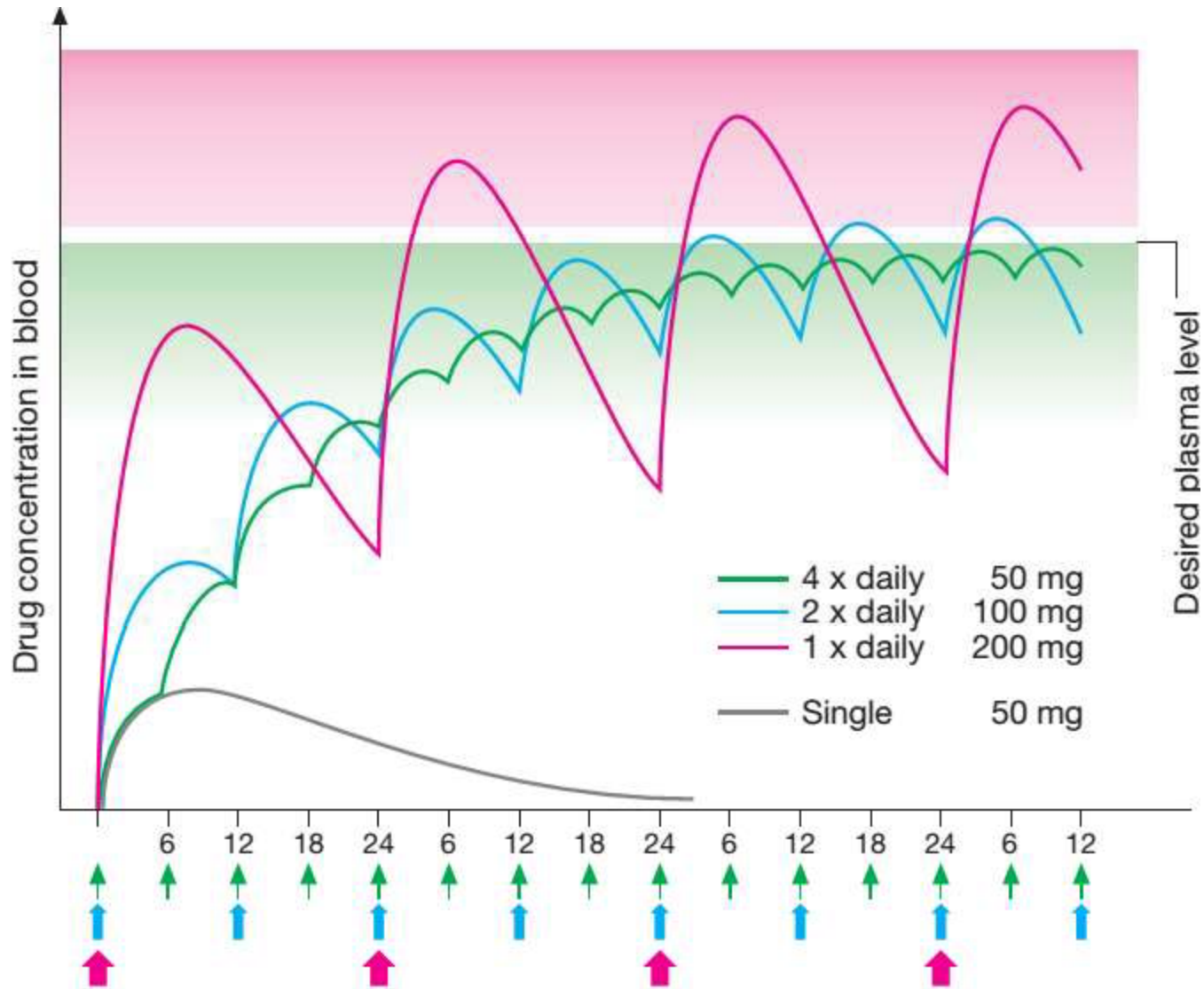
- ▶ • Elimination changes from first order to 0 order over the therapeutic range.
  - ▶ • This signifies that till the saturation level of drug,  $C_{pss}$  is related to dose rate.
  - ▶ • But it turns out of proportion beyond it
  - ▶ Rate of drug elimination =  $(V_{max}) (C) / K_m + C$
  - ▶  $K_m$  = plasma conc. at which elimination rate is half maximal
  - ▶  $C$  = plasma concentration of drug
  - ▶  $V_{max}$  = maximum rate of drug elimination
- Ex: Phenytoin



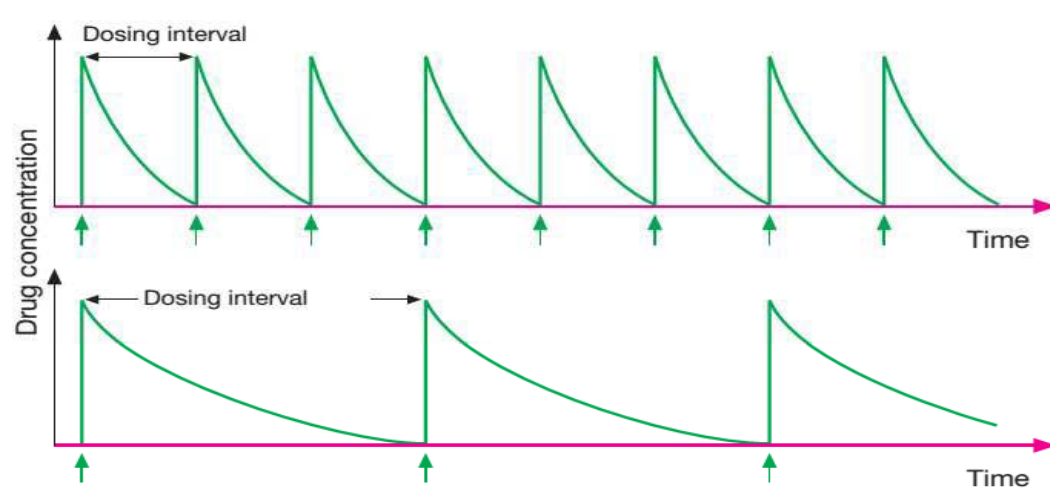
# Plateau Principle of drug accumulation

- ▶ • When constant dose of a drug is repeated before the expiry of  $4 t_{1/2}$ , it would achieve higher peak concentration, because some remnant drug will be present in the body.
- ▶ • Subsequently plasma concentration becomes constant and forms a plateau and fluctuates around desired therapeutic level of drug.
- ▶ • Desired therapeutic level reaches 4-5 half lives

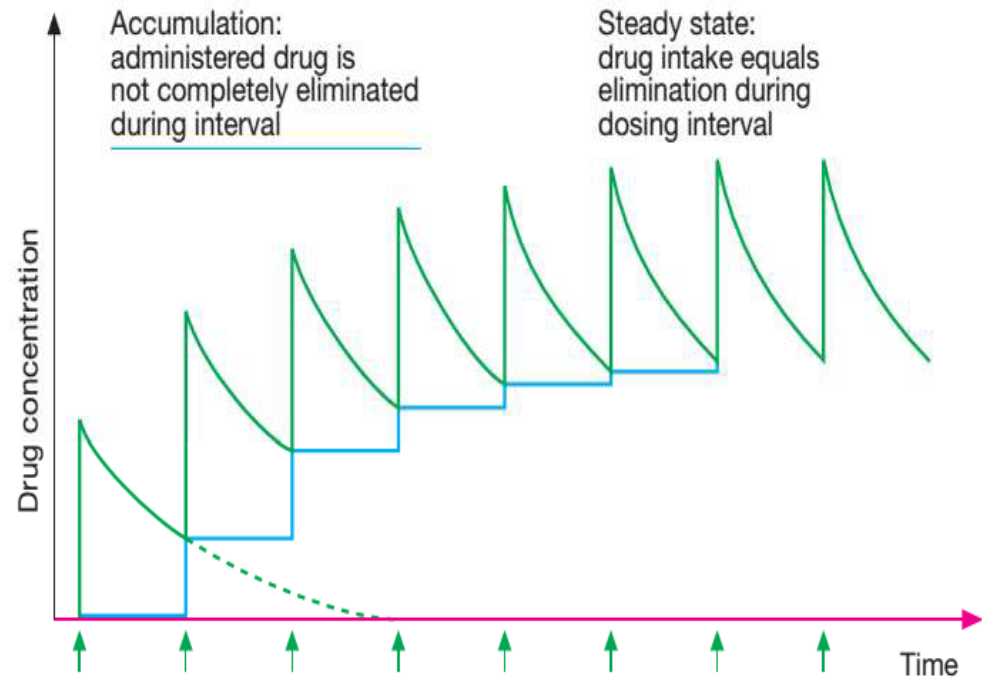




So its better to administer the drug in small dose over small regular interval rather than large dose in large interval of time



After every 4-5 half life the drug concentration falls to almost 3-4 %



So if the dose is repeated before the expiry of 4-5 half life, the concentration of drug keeps on increasing after every subsequent dose.

# Loading Dose

- ▶ • Single or few quickly repeated dose to attain target concentration rapidly
- ▶ Loading dose =  $(\text{target } C_p \times V) / F$
- ▶ So loading dose is governed by  $V$  not  $CL$  or half life of drug



# Maintenance dose

- ▶ • The amount of drug given to maintain the steady state plasma concentration ( $C_{pss}$ ) of drug at regular interval so as to balance the elimination.
- ▶ dose rate =  $(\text{target } C_{pss} \times CL) / F$
- ▶ So its dependent on CL or half life of drug



# Therapeutic drug monitoring (TDM)

- ▶ • C<sub>ps</sub> of a drug depends on its bioavailability (F), Volume of Distribution (V) and Rate of elimination (CL) – each of these parameters varies from patient to patient
- ▶ • Measurement of plasma concentration of drug after initial drug administration (based on average patient) can give all these parameters of an individual
- ▶ • This helps for the subsequent quantification of drug dose regimen



# Use of TDM

- ▶ • Low safety margin – digoxin, anticonvulsants, antiarrhythmics, theophylline, aminoglycosides, lithium, TCA
- ▶ • If individual variation are large – antidepressant, lithium
- ▶ • Potentially toxic drug used in renal failure – aminoglycoside antibiotics, vancomycin
- ▶ • In case of poisoning
- ▶ • Failure of response without any reason
- ▶ • Check patient compliance





# Prolongation of drug action

- ▶ • Frequency of drug administration
- ▶ • Improved patient compliance
- ▶ • Large fluctuation of plasma concentration should be avoided
- ▶ • Drug effect could be maintained overnight without disturbing sleep
- ▶ All drugs cant be made long acting, Ex: Sedatives, headache remedy or longer acting drugs



# Method to achieve this objective

- ▶ • Prolonging the absorption from site of administration
- ▶ – Enteral : Sustained release tablets, spansules
- ▶ – Parenteral: Insoluble form (oily), pellet implantation, silastic and biodegradable implant.
- Transdermal patches
- ▶ • Increasing plasma protein binding
- ▶ • Retarding metabolism
- ▶ • Retarding elimination



# **THANK YOU**

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**HAPPY TO ANSWER IF U  
HAVE ANY QUESTION**

